



News from the Nest

October 23-27 – Parent



Spotlight on Learning: Math Journal

Presented by: Sebastian Gibson

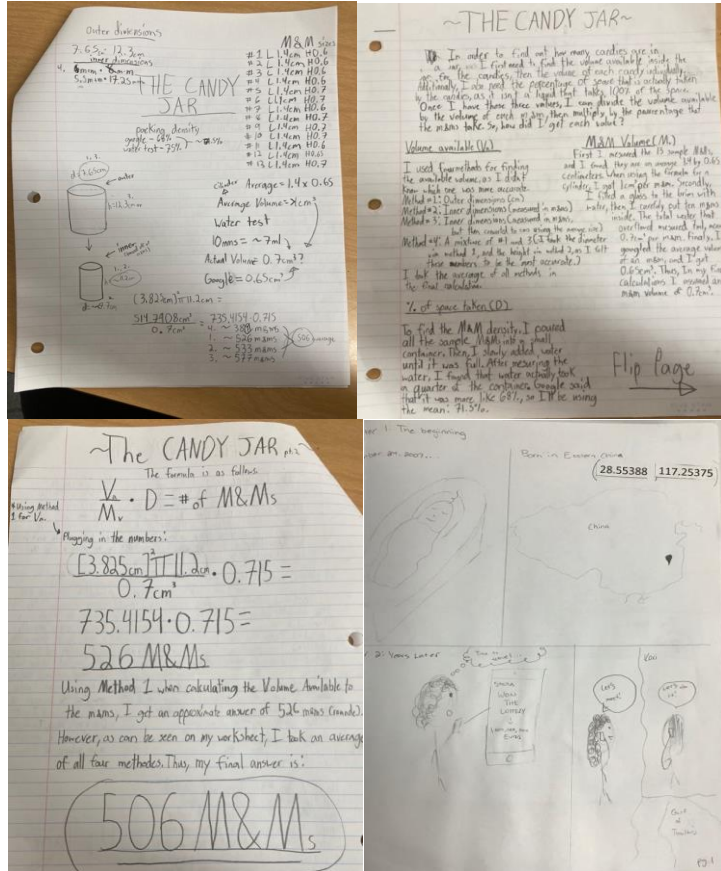
Math 10

TEACHER DESCRIPTION/ REFLECTION

Over the course of this semester, Mr. Gibson's Math 10 class has taken on a challenge that goes beyond exponents and factoring: a Math Journal! Every couple of weeks, a new, open-ended question is given to the class and students must use logic and reasoning to determine the answer. The questions ranged from guessing the amount of M&Ms in a jar to finding your partner with only a set of global coordinates to dropping barbie dolls from bleachers. It was great to see students apply novel and creative solutions to these questions. The math can be refined on the student side and the parameters can be clarified and improved upon from the teacher side.

STUDENT REFLECTION:

Throughout this semester, we were offered to attempt extra-curricular challenges called "Math Journals". These were small tasks that required out of the box thinking, creativity, and communication skills to solve.



For example, one of the challenges, called "Barbie Bungee", required students to build an elastic chain to hold a toy during a drop. The goal was to have your toy get as close to the ground as possible without touching it. We needed to calculate how long to make the chain to achieve this. Mr. Gibson did an excellent job at facilitating this Math Journal and encouraged creative strategies in solving it. One of my favorite Math Journals, the M&M jar, required students to accurately guess the amount of M&Ms in a jar using whatever methods they wanted. Whoever got the closest to the correct amount won all the M&Ms. Mr. Gibson leveraged our insatiable desire for sugar against us, creating a fun side project for anyone who wanted to demonstrate their critical thinking. If one thing could be improved, I'd say that Mr. Gibson should try to enforce 'big ideas' related to whatever the current unit is being taught in his math journals. For example, if the students were learning about Functions, the math journal's solution could require students to create their own functions/system to predict something. All in all, Mr. Gibson has done an excellent job creating Math Journals that can't be solved by a single google search. They're always a pleasure to solve, and the Math Journals made my class experience better!

Mouat Earns Top Scores for Financial Literacy--ChatterHigh

This fall, WJ Mouat participated in a Financial Literacy Fest. Over 360 students completed the Money Management Modules putting them in first place in Canada. As well, over 160 students competed in the Learn About Your Taxes Competition and earned 5th place. A job well done WJ Mouat students and thank you to your fabulous teachers Ms. Fillion, Mr. Graham and Mr. Skelton for helping you along.



Congratulations to the Swim Team



A huge shout out to our fabulous Mouat Swim Team! They competed in the EVAA Championships on October 22 and made their school proud. One relay team of Mouat swimmers qualified for the Provincial Championships in November. WAY TO GO MOUAT!!

Way to Go Senior Boys Soccer

A job well done to our Sr Boys soccer team for winning their final game 4-2! WOOT WOOT! We are proud of you.



Walk for Wenjack



Connect 11 in partnership with Thrive Leadership will be participating in the Walk for Wenjack Campaign from October 25 to November 1. In 1966, Chanie Wenjack attempted to walk 600km home from Cecilia Jeffrey Indian Residential School. Tragically, he died of hunger and exposure at Farlane, Ontario, while trying to walk 600 km back to his home, Ogoki Post. Students will have a table in the main hall and will be collecting new or gently used shoes or a donation of \$2. The shoes will be used for students in our community and the funds will be donated to the Downie-Wenjack Foundation. Anyone who donates will receive entry into a raffle to win a gift basket.

Our goal for this campaign is to raise awareness of Chanie Wenjack's story and to provide resources and remove barriers to students and their families. Our group will be tracking our daily step count with a goal of reaching 600km over the course of a week. The goal for individual team members is 10,000 steps or 8km a day.

If you would like to join our team, please visit <https://walk-for-wenjack-2023.raisely.com/en/signup> You must sign up as an individual and look for the WJ Mouat Connect team. If you would like to learn more about Chanie's story please visit <https://downiewenjack.ca/our-story/> or view Gord Downie's beautiful film The Secret Path: <https://www.youtube.com/live/yGd764YU9yc?si=6d5OBwAvYmGHupsM>

Mouat Spirit Wear On Sale NOW

WJM SPIRIT WEAR



Hoodie - Russell Dri Power Fleece
Colours: Maroon, Black or White
Sizes: Small - 4XL
\$45 ea



Sweatshirt - Russell Dri Power Fleece
Colours: Maroon or Black
Sizes: Small - 4XL
\$37 ea

T-Shirt - Athletic Essentials Cotton
Performance Wear
Colours: Red or Black
Sizes: Small - 4XL
\$20 ea

Pants - Athletic Biz Collection Ace
Warmup
Colours: Black
Sizes: Small - 2XL
\$48 ea

Order Information:

Items can be viewed in the Mouat office.
Students may check out sizing in the office.

**Ordering and payment is via
SchoolCashOnline by November 10.**

Delivery will take place in December 2023

Character Word of the Week

CARING

Caring is both an action and a state of mind that demonstrates kindness and sensitivity to others.

How it can look when put into action:

- Paying it forward
- Being sensitive to other people's points of view
- Sharing.
- Listening.
- Volunteering to help.
- Being generous.
- Encouraging others.
- Protecting vulnerable members of the community.



Self-Care Mondays

October 30:

This week's self-care tip is about:

THE BENEFITS OF BRAIN BREAKS

A brain break is an opportunity to recharge before continuing with new learning. It permits you to refresh and rejuvenate so that your focus improves as you continue with an existing task or take on a new task. So, after that 30-minute intense lesson on "whatever", taking a short brain break can help you be ready for whatever may be coming next. Whether it be a game or some stretching, take a brain break today!

<https://www.educationworld.com/teachers/giving-students-brain-breaks-can-help-their-mental-health>

Activity: Brain break- stretch

<https://www.youtube.com/watch?v=0L3W0pcHU50>



Upcoming Literacy and Numeracy:

Monday, October 30 ABCD 8:10-11:10			
Teacher	Class	Block	Assessment
Taylor	Eng 12	B	LIT 12
Drummond	EFP 12	A	LIT 12
11:35-2:35			
Teacher	Class	Block	Assessment
Monds	EFP 10	D	LIT 10
Turner	EFP 12	C	LIT 12

Tuesday, October 31 CDDBA 8:10-11:10			
Teacher	Class	Block	Assessment
Taylor	EFP 10	C	LIT 10
Drummond	EFP 12	C	LIT 12
11:35-2:35			
Teacher	Class	Block	Assessment
Dyck	FM 10	A	NUM 10
Homoncik	FM 10	B	NUM 10

Wednesday, November 1 BADC 8:10-11:10			
Teacher	Class	Block	Assessment
Lawrence	EFP 12	A	LIT 12
Taylor	EFP 10	A	LIT 10
11:35-2:35			
Teacher	Class	Block	Assessment
Sidhu	FM 10	C	NUM 10
Sharma	FM 10	D	NUM 10

Thursday, November 2 DCAB 8:10-11:10			
Teacher	Class	Block	Assessment
various	various	various	various
Coan	LIT 10	D	LIT 10
11:35-2:35			
Teacher	Class	Block	Assessment
Drummond	EFP 12	B	LIT 12
I-Hop	Comp 10	B	LIT 10

Friday, November 3 BADC 8:10-11:10			
Teacher	Class	Block	Assessment
Jaswal	WM 10	A	NUM 10
Jaswal	WM 10	B	NUM 10
11:35-2:35			
Teacher	Class	Block	Assessment
Coan	LIT 10	A	LIT 10
Finch	ELL 10	B	LIT 10



Coming Up Next Week October 30- November 3

Monday, October 30

- ABCD
- SPIRIT WEEK-Music Monday
- Numeracy and Literacy Assessments
- Jr Boys Soccer Playoffs TBA
- Haunted Hallways 6pm

Tuesday, October 31

- CDBA
- SPIRIT WEEK- Halloween
- Numeracy and Literacy Assessments
- Boys Soccer Quarter Finals TBA
- Ranbir Mangat's Birthday

Wednesday, November 1

- BADC
- SPIRIT WEEK- Wear Pink
- Take Your Kid to Work Day (All Grade 9s)
- Numeracy and Literacy Assessments
- Jr Boys Soccer Playoffs TBA
- Sr Girls T2 VB @ Chilliwack vs Chilliwack 730pm

Thursday, November 2

- DCAB
- SPIRIT WEEK- Dynamic Duos/Twin Day
- Numeracy and Literacy Assessments
- Boys soccer Semi finals TBA
- Sr Girls VB vs GW @ Bateman 8:00pm
- Fall Music Concert @ 7pm in Large gym

Friday, November 3

- CDBA Tutorial Day
- SPIRIT WEEK- Fall Fridays (tuques, scarves)
- Numeracy and Literacy Assessments
- Charlie Brown Movie- theatre at lunch
- Sr Girls VB Tournament at Mouat
- Sr Football vs Rutland at Rotary

