



News from the Nest

February 5 - February 9, 2024 – Parents



Spotlight on Learning:

HISTOIRE du MONDE 12 FI - OPEN INQUIRY

Presented by: Babinee Malloo

What would the world be like today if the Cold War never happened?

1) How would technology be different today?

- GPS
- Computers
- Rockets
- Global Network
- Electric rovers
- The Internet

Without the Cold War, the US could not have invested billions of dollars to further develop technology. Thus, these advancements would not have been possible.

2) How would this affect foreign policy?

No Marshall plan would have been implemented. This would impact Europe's reestablishment after WW2 + impact social and economic status

3) How would the creation of NATO differ??

Founded in 1949, NATO's mission was to fight against communism. No Cold War - no communism - no NATO

The US would return back to isolationism and would likely not join international coalitions.

4) How would this change the geopolitical tension between Russia and Ukraine today?

- The end of the Cold War influenced Vladimir Putin's decisions (former KGB member).

- Russia invaded Ukraine to allegedly restore the former might of the USSR and prevent them from joining NATO

"Vladimir Putin's ambition is to reconstitute the USSR, the first step towards the reconstitution of the Empire. This state, after the 90s, has never really accepted its place in the international game, its loss of power."


5) How would dictatorial countries be affected in today's world?

- Currently, there are 50 dictatorship countries in the world.
- Among them are China, Vietnam, Cuba, North Korea, and Laos.
- Each of them was influenced and supported by the USSR during the Cold War.
- Hence, no Cold War = fewer dictatorships.

In Conclusion...

The Cold War has shaped our world today, and without it, many fundamental advancements could not have been possible.

Positive effects	Negative effects
Fewer conflicts	Less technological advancements
Fewer dictatorships	Fewer international relations
	Fewer alliances



TEACHER REFLECTION: *There is no better way for students to learn about the past and gain skills for the future than by providing them the opportunity to explore their passion through an open inquiry project. To make history interesting and challenging for students, the idea was to be curious and prepare them for real life. Students have had many opportunities to reflect on their own learning throughout the course. However, for this assignment they were asked to choose a topic they have always been curious about but never had the opportunity to learn in class. The biggest challenge was creating their own question – something which they did for the first time as they have always been working on guided inquiries in class. So, with lots of support and guidance, they came up with an essential question that they remodeled and reviewed with their peers and me. After analyzing and seeking answers to their essential question from a variety of sources, they presented their findings to the class. Personally, my takeaway from this experience is that I've provided my students with the best opportunity to have both voice and choice in this inquiry project. Although the outcome wasn't as expected, I was truly amazed with the results and creative variety the students showed. It was truly a pleasure to see how students have unlocked being able to think outside the box by acquiring communication, analytical, and problem-solving skills. Along with that, they have also demonstrated the ability to apply knowledge and critical thinking skills in real-world settings.*

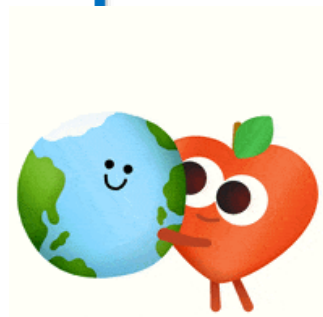
STUDENT REFLECTION: *For this inquiry project, we were assigned to come up with a relevant, authentic, and a significant question relating to today's world and the content we explored in World History 12. I took a keen interest during the Cold War unit, as I realized how it shaped the life we live today in different ways. Much of the technology, like our cell phones and computers, was invented using the foundations developed during this conflict. Additionally, foreign relations today were based on the threat of the Soviet Union and much of the financial aspect of European development after WW2 was funded through the Marshall plan. Originally, I was going to explore the impact of the dissolution of the USSR on today's world but wanted to explore deeper into the role of this alliance during the cold war. Hence, I settled on the question: what would the world be like today if the Cold War had never happened? While researching these questions, I discovered information never learnt during class. For example, how most communist countries and dictatorships were directly influenced by the Cold War. If this event never took place, North Korea would not have been a dictatorship today. After exploring a whole new reality, I wrote down my information and worked on my presentation slides. The most challenging aspect of this project for me was to come up with a good question relating to the world, the course, and information we did not explore. As mentioned, I changed my question and reworded it many times to achieve this goal. Overall, the presentation went well and I am proud of the research and oral portion.*

Character Word of the Week

CARING: *Caring is both an action and a state of mind that demonstrates kindness and sensitivity to others.*

How it can look when put into action:

- *Paying it forward*
- *Being sensitive to other people's points of view*
- *Sharing.*
- *Listening.*
- *Volunteering to help.*
- *Being generous.*
- *Encouraging others.*
- *Protecting vulnerable members of the community.*



Self-Care Mondays

January 29th: This week's self-care tip is about:

THE BENEFITS OF ZUMBA

Last week we sat in a chair. This week we are kicking it up a notch! Zumba is not only fun but also beneficial to both our mental and physical health. It's a great way to relieve stress and to get fit. Give it a try. You are sure to have FUN!

Information:

<https://www.healthline.com/health/fitness-exercise/benefits-of-zumba>

https://www.healthline.com/nutrition/10-benefits-of-exercise#TOC_TITLE_HDR_12

Activity: Short standing Zumba routine

<https://www.youtube.com/watch?v=OXbmCCUlaWg>



ABBOTSFORD
COMMUNITY
FOUNDATION

 **INSPIRE. IMPACT. INVEST.**

The Abbotsford Community Foundation is pleased to be able to offer over 260 student awards in 2024.

- 1.) Please complete the 2024 Student Awards Application Form online and include all relevant information for the award(s) for which you are applying.
<https://wjmouat.abbyschools.ca/parentsstudents/student-services/abbotsfordcommunityfoundation/wjmouat>
- 2.) Be sure to check for Special Criteria in the Awards Directory listing and/or on the Awards Summary Checklist. If an award lists special criteria, which may include membership to an organization or other specific characteristics, ensure that you qualify and meet those requirements in full, and have included all necessary documentation before submitting your application.
- 3.) You must also complete the Awards Summary Checklist, indicating the award(s) for which you are applying. Instructions are directly on the form. Students are limited to applying for a maximum of 10 awards.
- 4.) All applicants must include a letter of reference from an adult (non-relative) in their application package. A Student Reference Letter Info Sheet is available online to help you share details of your educational journey with prospective reference providers.
- 5.) After you have completed the Application Form online, print and sign it.
- 6.) If applicable, have your parent/ guardian sign it, and then give your completed application package to your School Counsellor. *Award recipients will be notified at your convocation (Monday, June 24th @ 5:30) at the end of the school year.*

The deadline for submission to your School Counsellor is 3:00 pm on Thursday, February 29, 2024. Incomplete application packages will not be accepted.

Coming Up Next Week February 5th – February 9th

BLACK HISTORY MONTH

Monday, February 5th

- ABCD
- JGBB host Hansen at 5:30 Play-offs
- 9BBB host TBA at 7:00 Play-offs
- JBBB vs Mission @ Hansen (5:30) Play-offs

Tuesday, February 6th

- CDBA
- SGBB at Chilliwack 6:15

Wednesday, February 7th

- BADC
- Early Dismissal
- 9GBB vs TBA @ Yale (5:30) Play-offs
- SGBB host Chilliwack Seniors Night 6:15

Thursday, February 8th

- DCAB
- Early Dismissal
- Wrestling hosting the EVAAs

Friday, February 9th

- CDBA
- International Luncheon
- SLO – Student Start 9:24
- Travel for Credit Info Session 11:34-12:14
In the Learning Commons

Early Dismissal	
extended day classes (AM)	
8:04 First Bell	
Period 1	8:10-8:52
Period 2	8:58-9:40
Period 3	9:46-10:27
Period 4	10:33-11:14
Bus Pick Up	11:20
Lunch	11:14-11:54
Parent Connection	11:54-2:24

Travel for Credit with Abbotsford School District and EF Educational Tours

We are excited to announce that we have partnered with EF Educational Tours once again to offer students interested in taking **Grade 11 Life Sciences, Grade 12 English Studies, Grade 12 Social Justice or Grade 12 Contemporary Indigenous Studies**, the chance to travel while earning summer school credit. Students who register for the program will be able to earn credit by participating in **3 weeks of in-person learning** plus one week of travel with EF Educational Tours.

Where will students be traveling?

Grade 11 Life Sciences students will travel to Costa Rica

Grade 12 English students will travel to England and Scotland

Grade 12 Social Justice and Grade 12 Contemporary Indigenous Studies students will travel to Winnipeg.

Join our upcoming information session to learn more in the Library Learning Commons at lunch Friday, Feb 9.



GRAD 24 CARAT - Dry Grad Event - A Night to Remember

ATTENTION ALL GRADS: Tickets for A Night to Remember are now available on school cashonline. It is on Friday, February 16th, with doors opening at 6pm. Our THEME is GRAD 24 CARAT. Dress in black and white! Don't miss out on this fabulous opportunity to celebrate with your fellow grads. We have great things lined up such as a hypnotist, a casino, a 3d photo booth, exclusive GRAD SWAG, lots of snacks and prizes and so much more. Tickets are \$65 and are only available for the next two weeks. Get your ticket now!



The PAC is looking for food/raffle donations for our staff appreciation morning on February 9. Click the link to sign up.

<https://signup.com/go/cLMNTHd>

Ways You Can Support PAC



Drop-off your empties to any Return-It Express location.

No sorting or line-ups!

Account Number:
956-682-8722
WJMOUATPAC

*Bag labels can be picked up from the school office or printed at R&T Depot:
Unit 23, 31550 South Fraser Way*



Shop at Cobs on either Gladwin Road or Mt. Lehman Road.

Mention you're Raising Dough for WJ Mouat.

5% of your purchase will be donated back to Mouat PAC!

*Cobs Bread Locations:
Unit 111, 2777 Gladwin Road, or
H175-3122 Mt. Lehman Road*

Please help us keep our GREEN BINS in use as they generate monthly income for Mouat PAC!

THE BINS ACCEPT

HAWKS

- Clothing
- Shoes
- Purses
- Stuffies
- Linens

in good clean condition

