



News from the Nest

April 2nd - April 5th, 2024 – Parent Edition



Spotlight on Learning:

Creating a New Memorial for the M.S. St. Louis Incident

Presented by: Mr. Ryan Porth

Course: Social Studies 10

TEACHER REFLECTION: This semester in my Socials 10 classes we analyzed the incident of the SS St. Louis, a ship with over 900 Jewish immigrants that sailed from Nazi Germany in 1939 seeking freedom from persecution only to be turned away from disembarking in Canada. Having been forced to return to Europe, many of the original passengers were later rounded up by the Nazis and killed during the events of the Holocaust. Students studied how anti-Semitism



was a potent force in Canada’s history, influencing all levels of society, from the Prime Minister on down. We considered whether, by turning away the Jewish refugees, Canada played an indirect role in the attempted genocide of Europe’s Jews. Finally, we reflected on if Canadians today have an ethical obligation to remember this dark period of our past, and, if so, then how? Students who wished to extend their learning were given an additional question to answer: How would you convince the Halifax Port Authority, the organization that manages the current memorial to the victims of the SS St. Louis incident, to replace the current memorial with one of your own creation instead? Students’ proposals needed to be typed and presented in class and needed to include a 3-D prototype of their proposal.

The results were remarkable! Students that opted to create a prototype and a proposal put their creative services to work and made prototypes out of Lego, toothpicks, and art supplies. One student even opted to create a

screen capture a video “walk through” of his design. Their proposals were thoughtful and creative and demonstrated a level of engagement with the complex issues around anti-Semitism, memory, loss, and historical judgment.

STUDENT REFLECTION: When reading, watching, and exploring the information and data surrounding the *M.S. St. Louis* incident, I successfully identified different perspectives of those involved and the implications various actions had. Through this, I examined and adjusted my thinking. For example, I noted how the passengers of the ship thought they were going free—and the German crew, even if they figured the ship wasn’t going to anywhere, still helped encourage the passengers and influenced the passengers’ happy moods. I am also open-minded and can interpret, judge, make multiple conclusions with data I am given. For example, I found it interesting that the *M.S. St. Louis* was freely allowed to leave Germany—the Nazis didn't hold them back. I can see many reasons for why they may have done this and interpret to make judgements on the choices they made. Lastly, I know that I’m not perfect. Many times, when making my “replacement” *M.S. St. Louis* memorial, I reconstructed and refined, reassessed, examined, and adjusted my work. One of the things I pride myself in is recognizing the effort I’ve put into something, and whether the result is adequate or not. I can further fix my work and reflect on how to do things better next time.



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CHATTERHIGH!

This spring **W J Mouat Secondary** participated in ChatterHigh’s **Financial Literacy Fest**, an online multi-
various
competition event to boost youth financial literacy across disciplines! Here are the final results for **W J Mouat Secondary**:

- Learn About Your Taxes Competition – 1st place**
- Money Management Competition – 1st place**
- Insurance Literacy and Me Competition – 5th place**



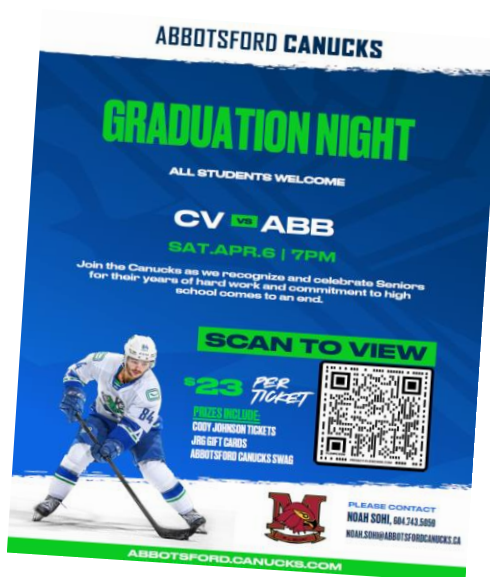
GRAD HOCKEY NIGHT

ATTENTION ALL GRADS-- get your Abby Canucks tickets ASAP
GRAD Hockey Night.
Date: Saturday, April 6th
Time: 7pm
Cost: \$23 (scan the QR code and purchase your tickets)

Lots of prizes!!!



Information is also on our



for

website:

<https://wjmouat.abbyschools.ca/announcements/grad-hockey-night-abby-canucks>

GRAD CINEPLEX MOVIE NIGHT!

GRADs come on out and join an exclusive viewing of Dune Part (movie might change) with just your grad class! Thursday, April 11th at HighStreet Cineplex at 8pm (time might be slightly altered but still in the evening).

Admission is \$15. Tickets and concession items are for purchase NOW on <https://www.schoolcashionline.com/>
We must have a minimum of 100 Grads attend this event.
Thank you and please join us on Grad Movie night.



Your WJ Mouat Admin Team

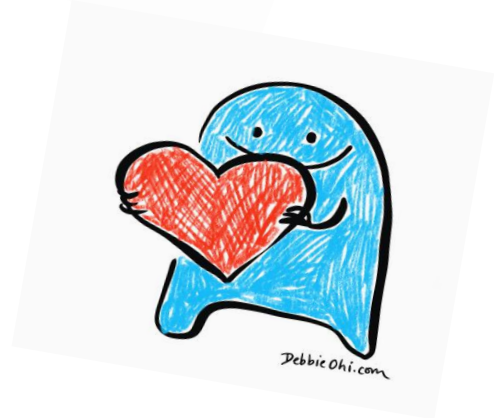
Character Word of the Week

CARING

Caring is both an action and a state of mind that demonstrates kindness and sensitivity to others.

How it can look when put into action:

- Paying it forward
- Being sensitive to other people's points of view
- Sharing.
- Listening.
- Volunteering to help.
- Being generous.
- Encouraging others.
- Protecting vulnerable members of the community.



Self-Care Mondays

Monday April 1st:

This week's self-care tip is about: POSITIVE THINKING and EXPRESSING GRATITUDE

There is more and more research to support that expressing gratitude is of tremendous benefit to both your physical and mental health. Not only does it help reduce stress, increase your immunity, and improve your sleep quality but it can also help with emotional regulation, improve your mood, and improve your performance and motivation. So why not try it out.

Information:

<https://www.health.harvard.edu/healthbeat/giving-thanks-can-make-you-happier>

<https://www.forbes.com/health/mind/mental-health-benefits-of-gratitude/>



Activity: On a scrap piece of paper jot down 10 things that you are grateful for. The mere act of writing it down or even just thinking about it can improve your mood immediately. Hold on to the piece of paper and give it a read every once in a while, to improve your mood and to just make you happy.

Your WJ Mouat Admin Team

**Coming Up After Spring Break
April 2nd – April 5th
BACK TO SCHOOL
APRIL= SIKH HERITAGE MONTH**

March 18-28- Spring Break, NO SCHOOL
March 29- Good Friday, NO SCHOOL
Monday, April 1st

- **Easter Monday**
- **NO SCHOOL**

Tuesday, April 2nd

- **Return from Spring Break**
- **CDBA**

Wednesday, April 3rd

- **BADC**
- **Team Leader Meeting @ 2:45pm in LLC Red**
- **Girls Rugby vs DW Poppy @ DW Poppy**
- **Team Leader Meeting in the LLC @ 2:45pm**

Thursday, April 4th

- **DCAB**
- **Sr Boys Rugby vs Walnut Grove @ Walnut Grove**

Friday, April 5th

- **SLO Day**
- **BADC**

Saturday, April 6th

- **Grad Hockey Night 7pm**



Your WJ Mouat Admin Team

Literacy and Numeracy Assessment Week

April 15 – 19, 2024				
Mon. April 15 AM Lit 12 Block A - Coan Block B - Coan	Tues. April 16 AM Lit 12 Block C - Taylor Block D - Monds	Wed. April 17 AM Num 10 Block B - Dyck Block D - Sidhu Block C - Barnett	Thurs. April 18 AM Lit 10 Block B - Drummond Block D - Coan Block C - Mennear	Fri. April 19 AM Lit 10 Block A - Monds Block C - Chowdhry
Mon. April 15 PM Lit 12 Block A - Taylor Block A - Turner	Tues. April 16 PM Num 10 Block A - Dyck Block B - Jaswal Block A - Sharma	Wed. April 17 PM Num 10 Block C - Sidhu Block D - Homonick Block D - Barnett	Thurs. April 18 PM Lit 10 Block B - Taylor Block A - Mennear	Fri. April 19 PM ***Reserved time for students who missed their write.

DELFL Exams for FI Students

Several French Immersion students will be completing the DELF exams April 15-17th. Please access the link for the schedule. [DELFL exam schedule.xlsx](#)

Ways You Can Support PAC



Drop-off your empties to any Return-It Express location.
No sorting or line-ups!
Account Number:
956-682-8722
WJMOUATPAC

Bag labels can be picked up from the school office or printed at R&T Depot: Unit 23, 31550 South Fraser Way



Shop at Cobs on either Gladwin Road or Mt. Lehman Road.
Mention you're Raising Dough for WJ Mouat.
5% of your purchase will be donated back to Mouat PAC!

Cobs Bread Locations:
Unit 111, 2777 Gladwin Road, or
H175-3122 Mt. Lehman Road

Please help us keep our GREEN BINS in use as they generate monthly income for Mouat PAC!



THE BINS ACCEPT

- Clothing
- Shoes
- Purses
- Stuffies
- Linens

in good clean condition