



News from the Nest

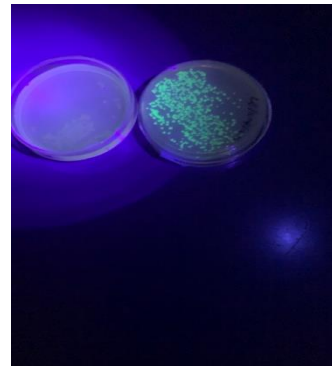
Nov. 29-Dec.3 – For Parents



Spotlight on Learning: Students becoming Scientists!

Specialized Science 12 (Laboratory Practice) is a course designed to allow students to gain skills in the processes of science. The course is designed so that students get hands-on experience primarily in the fields of Chemistry and Biology, but other science disciplines are explored. Recently, students worked for three days to use their knowledge and skills to genetically engineer bacteria to glow. Students studied gene expression and gene regulation and followed protocols to be able to alter the DNA of the bacteria. All students were able to modify their bacteria samples to be able to glow!

Student Quote: "This is an opportunity we would never get in any other course! This course teaches us practical lab skills at a post-secondary level." - Juliana Su and Keira Thompson



Rock Your Mocs and the Winner is . . .

A big shout out to our Inclusion class and EAs including the Teacher for Inclusion, Cassy Crawford. They jumped into the colouring contest challenge for Roc Your Mocs day and won a hot chocolate & donuts party for their class. Thank you to the 8 classes who participated in the Roc your Mocs Kahoot. This event was created to help instill Indigenous pride. In the background of one photo, you can see the beautiful dream catcher craft that the students made. The students listened to the story from Sam, the ISW here at Mouat. She told them how the dream catcher was a gift from a spider. Typically, dream catchers are received as a gift and then hung over your bed. At night while you sleep, its job is to block all the bad dreams from coming your way the same way that flies are caught in a spider's web. Also, the center of the dream catcher has an open circle. It is through this circle that all the good dreams stream towards you. Drop us an email or pop by sometime to discuss different ways that Indigenous students, ways, knowledge, and content can be supported in your class.



**WE ARE NOT
A TEAM
BECAUSE WE
WORK TOGETHER.
WE ARE
a team because
WE RESPECT,
trust, and care
for each other.**
...

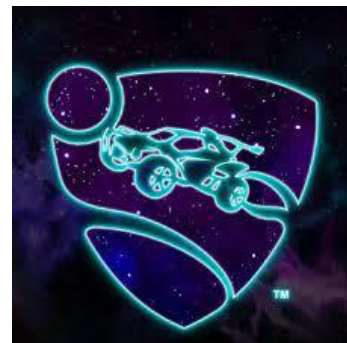
Character Word of the Month: Teamwork

Our Character Word of the Month is TEAMWORK

Affirmation: *I am a team player. I work and play well with others. I respect the expectations. I keep myself and others safe.*

Rocket League

Our Rocket League (e-sports team) finished 4th in regular league play out of 24 teams. Playoffs for our e-sports participants begin December 7. Go Hawks!



Ms. White – THANK YOU from UBC

This week we received an extensive email from R. Taylor, UBC, Director of Bands, thank Ms. White. In his words: "I am writing with tremendous gratitude to you and the wonderful students under your mentorship in the Extended Day Art program. It was an absolute delight to collaborate with you in every respect, and I commend your creativity, dedication, professionalism, communication, and passion for teaching and learning. The artwork the students created for our Nov 19 concert at the Chan Centre for the Performing Arts was out-of-this-world amazing! So many audience members who saw the performance in person or through the online livestream commented on the quality of the technique and depth of expression by these young artists. I truly enjoyed "meeting" you all in our short Zoom session and getting to know the students through their wildly creative submissions. I can't wait for the opportunity to collaborate again and hope we can aim for a more interactive project that involves Extended Day Art, Janet's wonderful music students, and the UBC Bands. Thank you, Ms. White, for the passion and going above and beyond!

Elements @ Clay Cottage

Mouat's ELEMENTS group channeled their creativity at Clay Cottage this past week. Way to go girls! Huge thank to you to each of the team for being outstanding ambassadors for the

school. Shout out to the staff who all pitched in to get the crew to and from.



Your WJ Mouat Admin Team

Coming Up Next Week

All Week:

- Food Drive
- Basketball Intramurals

Monday, Nov. 29

- ABCD
- Just Dance Intramurals
- Sr. Boys BBall @ Tweedsmuir

Tuesday, Nov. 30

- CDAB
- Key Club Donut Fundraiser Delivery
- Sr. Boys BBall vs Centennial 7pm

Wednesday, Dec. 1

- BADC
- Jr. Girls BBall vs Hansen 5:30
- Jr. Boys BBall vs Hansen 7pm

Thursday, Dec. 2

- DCBA
- 12 Days of Christmas
- Sr. Boys BBall Tournament
- Sr. Girls BBall Tournament

Friday, Dec. 3

- DCBA
- 12 Days of Christmas
- Sr. Boys BBall Tournament
- Sr. Girls BBall Tournament



WJ Mouat
Secondary School



PAC Meridian Meats/Ralph's Farm Market Gift Card Fundraiser You SAVE 10% when you purchase from the PAC!

\$10 Gift Card @ \$9.00 each

\$25 Gift Card @ \$22.50 each

\$50 Gift Card @ \$45.00 each

\$75 Gift Card @ \$67.50 each

\$100 Gift Card @ \$90.00 each

Meridian and Ralph's gift cards never expire!

They're 100% redeemable at any one of their eight convenient Meridian or Ralph's locations throughout Vancouver and the lower mainland.

Place your order via **SchoolCashOnline** by **Monday, November 29, 2021**

Gift Cards will be available for pick up at the school office Monday, December 6, 2021

Thank You for Your Support!

About Meridian & Ralph's

Meridian is an old-fashion style butcher shop specializing in 100% grass-fed beef, free-run poultry, local pork, sustainable seafood and the latest plant-based protein. Ralph's and our Farm Market locations also include local fresh fruits & vegetables, artisan deli, fresh baked breads and grocery essentials.

Visit us online at: meridianfarmmarket.ca or ralphsfarmmarket.com

Or, shop online for Butcher Bundles and specialty items like free-range turkeys: shop.meridianfarmmarket.ca

Mouat PAC Fundraisers

We would greatly appreciate your support!

FundScrip

Purchase gift cards from FundScrip and your purchases will generate earnings to support Mouat PAC!

Visit: www.FundScrip.com

Support a Group

Invitation Code: **6DUTKV**

240+ top Canadian retailers! See a list of some of the participating retailers below.



Drop off your empties to any Return-It Express location.

No sorting or lineups!

Account Number:
956-682-8722
WJMOUATPAC

Labels can be printed at Return-It or picked up from the school office.

COBS BREAD

Shop at Cobs on Gladwin Road
Mention you're Raising
Dough for WJ Mouat.

5% of your purchase will be
donated back to Mouat PAC!



Located at Gladwin Crossing
Unit 111, 2777 Gladwin Road

Your WJ Mouat Admin Team