



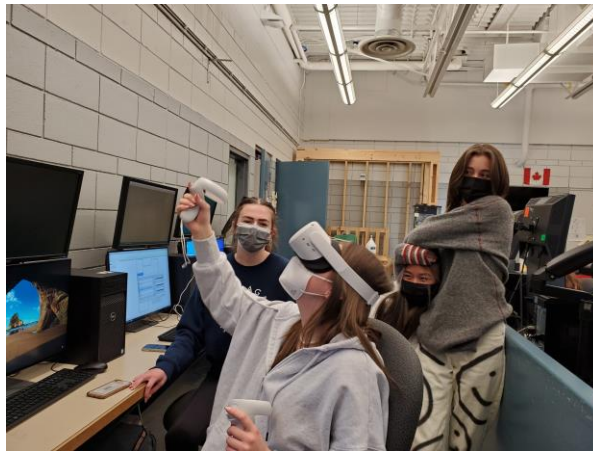
News from the Nest

Jan. 17-21 – For Staff



Spotlight on Learning: Virtual Reality – Thank You PAC

Shout out to our PAC for funding three new Oculus Quest 2 Virtual Reality headsets. District Scholarship students are using the VR headsets to walk through their Architectural Design projects. This gives students a chance to get a real life feel for their building designs enabling them to find deficiencies and redesign on the spot. The use of VR in architecture is a powerful tool and a glimpse of the future for our students to experience.



PAC Meeting – Monday

All Mouat parents are invited this Monday, January 17th at 7:00pm to join our school's PAC meeting – held virtually on Zoom. Please use the following link to attend the meeting:

<https://us02web.zoom.us/j/89138791533?pwd=SStkbTk5ei9DYUJ5OG9vOEgrK2g1UT09>

Meeting ID: 891 3879 1533

Passcode: 726697

Expand Your World: Host an International Student

Are you a family that lives near a secondary school within a 3km walk? Would you like to experience the benefits that other families have enjoyed by being international student hosts? Contact us today!

- An enriching and cultural experience for host families
- Provide a teen a home away from home.
- Make lifelong friendships.
- Receive financial compensation.
- Follow provincial Covid guidelines.

Contact our International Program Homestay Coordinator: rose.mann@abbyschools.ca

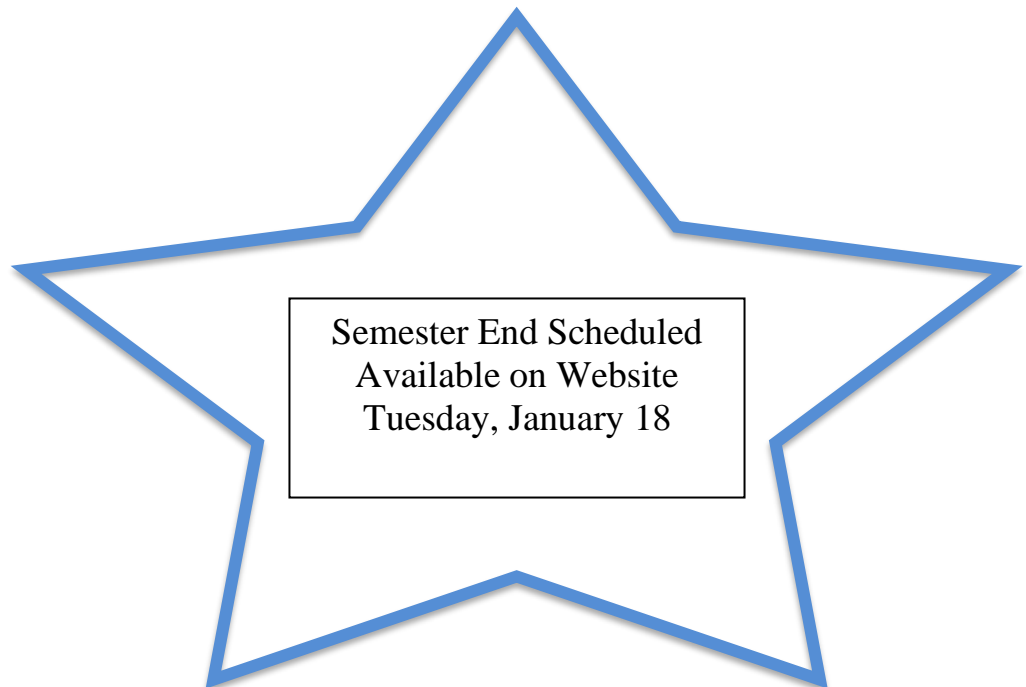
Lunch / Period 3 Reminders:

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- Lunch break is not based on a student's grade level but based on the main grade level of the third period class. For example, English 11 may have 11 and 12 students but has lunch at the Grade 11 break.
- Classroom teachers will let their class know the time slot assigned to their class. Do not be late for class
- During Period 3 while your class is on lunch, remember 3 out of 4 of the remaining classes are IN CLASS and therefore students are to be QUIET when sitting in hallways near classes.

Schedule January 10-21, 2022

Warning Bell	8:02	
Period 1	8:10 to 9:20	70 mins
Transition	9:20 to 9:28	8 mins
Period 2	9:28 to 10:38	70 mins
Transition	10:38 to 10:46	8 mins
Period 3	10:46 to 1:04 <ul style="list-style-type: none"> • Lunch Classes 12s – 10:46 to 11:13 • Lunch Classes 9s – 11:15 to 11:50 • Lunch Classes 11s – 11:52 to 12:27 • Lunch Classes 10s – 12:29 to 1:04 	35 mins lunch for each <u>class</u> ; reduced capacity to <u>25%</u> ; teacher will decide which block of time lunch is provided based on the class demographics.
Transition	1:04 to 1:12	8 mins
Period 4	1:12 to 2:22	70 mins

Current block rotation stays the same.



Coming Up Next Week

All Week

- Check the Student/Parent MyEd Portal for Semester 2 timetable
 - Password Problem check the website
- Course changes all week

Monday, January 17

- ABCD
- Jr. Boys Bball vs Yale
- Jr. Girls Bball vs Yale
 - No Spectators all games
- PAC Meeting via Zoom

Tuesday, January 18

- CDAB
- Sr. Girls Bball @ Chilliwack
 - No Spectators
- Assessment Week Schedule on website

Wednesday, January 19

- BADC
- Gr. 9 Boys Bball @ Heritage Park
- Jr. Girl Bball @ Abby Christian
- Sr. Boys Bball @ RE Mountain
- Jr. Boys Bball @ Mission
 - No Spectators all games

Thursday, January 20

- DCBA
- Sr. Boys Bball @ Tamanawis
 - No Spectators

Friday, January 21

- DCBA



Expand Your World Host an International Student



"Our family loves hosting because it keeps us active!"

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Mouat PAC Fundraisers



**Drop off your empties to any
Return-It Express location.**

No sorting or lineups!

**Account Number:
956-682-8722
WJMOUATPAC**

COBS BREAD

**Shop at Cobs on Gladwin Road
Mention you're Raising
Dough for WJ Mouat.**

**5% of your purchase will be
donated back to Mouat PAC!**

