



News from the Nest

Sept 13-17 – For Students & Parents



Cross Country News

Attention all HAWKS interested in joining Cross Country this year. There will be a brief informational meeting at lunch on **Tuesday, September 14th in the Library Lab (115B)**. Everyone is welcome. Whether you're competitive or just want to take up running, you're welcome to join. HOPE TO SEE YOU THERE!

Mouat Grads Paint Their Mark

2021 Mouat Grad Pearl Bains and 2015 Mouat Grad Cassidy Luteijn were selected to work with a small team of artists and lead by internationally renowned artist Sara Kahn on a mural in Downtown Abbotsford this summer. They were selected from a large group of skilled applicants by The Reach Gallery, the project was a paid gig, and the mural took a week to complete



Daily Health Assessments (DHA)

Parents, please use the K -12 Health Check App to check your child's health each day before sending them to school. After completing your self-assessment, if you have any symptoms please stay home and call your health care provider or 811 for next steps.

What's Changed this Year

- ✓ Full-time in-person instruction
- ✓ Masks required Gr. 4-12 / All Staff
- ✓ Daily Health Checks by parents at home
- ✓ Hand Hygiene (use the stations at every entrance)
- ✓ Strategies to respect physical distancing
- ✓ Daily cleaning / disinfecting protocols
- ✓ Sports and Extracurriculars to resume
- ✗ No cohorts
- ✗ No staggered entry/breaks/exits



Arrival Times

Students should be at school by 8am. First bell rings at 8:04 and all classes are in session at 8:10. Here is our regular bell schedule:

Drop Off and Pick Up

The yellow fire lane is for thru traffic only. No stopping or waiting for your child. Parents can use the parking lane to pull in or use the parking lot at the west side of the building or the street parking to wait/ idle and pick up their child. Please respect pedestrian traffic.

Visitors

Masks are required to enter the building and must be worn while in the building. Visitors must complete the Daily Health Assessment (QR code at entrance), hand sanitize, and sign in at the office

BELL SCHEDULE (REGULAR WEEK)

	Monday	Tuesday	Wednesday	Thursday	Friday
Warning Bell 8:04					
Block 1 8:10 to 10:00 (110mins)	A	C	B	D	Rotating Schedule on Fridays (except SLO days) ABCD CDAB BADC DCBA
Transition 10:00 to 10:06 (6mins)					
Block 2 10:06 to 11:16 (70mins)	B	D	A	C	
Lunch 11:16 to 11:56 (40mins)					
Transition 11:56 to 12:01 (5mins)					
Block 3 12:01 to 1:12 (71mins)	C	A	D	B	
Transition 1:12 to 1:18 (6mins)					
Block 4 1:18 to 2:28 (70mins)	D	B	C	A	
Extended Day Classes Linear 2:34 to 3:54 (80mins)					

Attendance

If your child is absent, please phone the office or use the web app to report their absence. Beginning next week, we will be using the automated attendance system to report if your child was absent unexcused from 1 or more of their blocks.

Enrollment

We are trying to confirm our enrollment which is based on attendance. Therefore, if your child did not attend school last week and you did not excuse their attendance, you can expect a phone call from us confirming your enrolment.

SLO Fridays

Ten Fridays throughout the year, school will begin at 9:30am – these are called SLO Fridays. Students who travel by school bus will be picked up at their regular time. We will have various parts of the school open with supervision for your child. The first SLO Friday, is this Friday, September 17th. Here is the schedule for an SLO Friday:

Fall Sports

Football, Volleyball, and Cross Country are up and running. It is not too late to come on out, be a part of the team and get involved. Thank you to our staff who have been running practices for the past two weeks to have our first Football game – the Juniors vs RBSS taking home a win 14-12. Seniors are up on Friday.

Friday
SLO Block 8:10-9:30 (80 min)
Transition 9:30 to 9:36
A 9:36-10:36
B 10:42-11:42
C 12:28-1:29
D 1:35-2:35

Week briefly

Sept 13

- ABCD
- Gr 11 Assemblies

Sept 14

- CDAB
- Gr 12 Assemblies

Sept 15

- BADC
- Photo Day

Sept 16

- DCBA
- Gr 9 Assemblies

Sept 17

- ABCD
- SLO Friday

For Parents

- Staff email addresses are available at <https://wjmouat.abbyschools.ca/about/staff>
- Thank you for showing kindness, grace and for sending us great kids!

Kudos – Grade 9 Orientation

Thank you to our Leadership crew, Mrs. Bowater, and Mr. McCall for running our Grade 9 Orientation on Tuesday. We had over 300 Grade 9's in the building learning about how to get involved, the life of a high school student, expectations, where to find things and more. Lastly, to each of the Grade 9's who come on out – you've already taken the first step to success on your high school journey – well done!



Your WJ Mouat Admin Team