



News from the Nest

Feb 6 – 10 – Families



Spotlight on Learning: Math 9 Deeper Learning – How can I afford a large purchase?

During this Deeper Learning time, math 9 students took a field trip as part of their Finance unit. They had an opportunity to sticker shop in the lot at Magnuson Ford before heading into the sales floor where Celia, the Financial Service Manager, and John, a Sales and Lease Representative, walked them through the math of buying a car. Students learned what they need to qualify for financing or leasing of a vehicle. Credit scores and the debt-to-income ratio were clearly explained and perhaps had a few students rethinking their choice of the \$95,000 Mustang Mach-E that initially caught their attention. Layne Magnuson took the time to stop by and meet the students and commented that he wished he had the opportunity to do something similar when he was in school. Thank you, Magnuson Ford, for welcoming our grade nines!

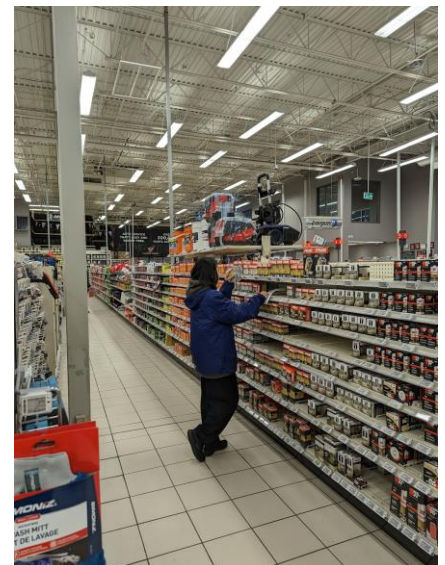


At Canadian Tire, students had to source a minimum of 5 products that require regular maintenance and replacement on a vehicle (air filters, tires, batteries, windshield wipers, oil, etc.). They needed to price these products and consider how often they would need to make this purchase. If students were not capable of maintaining their own vehicles, they had to check the hourly cost of the Canadian Tire mechanic.



Car insurance, gas prices and debunking the "too good to be true" promises from Money Mart rounded out the excursion.

While our grade nines may be a few years from making these types of big financial commitments and decisions, they can make small choices and decisions, even now, that will equip them for success in the future.



Affordability Fund

Families/ students who are in need a support – we can help cover costs associated with school fees, clothing, school supplies and transportation – email linda.pollastretti@abbyschools.ca

Grads

Grad Parents - Friendly reminder that Monday (Feb 6th) is the final day to purchase a ticket for Mouat's "Night to Remember" dry grad on Feb 17th. The night includes a buffet dinner and tons of entertainment including a magician, DJ, casino, caricature artist, LED lounge, photo booth, hypnotist and more! There are lots of high value prizes to be won and everyone gets a swag bag at the end of the night.

Tickets are available on School Cash Online.

If funds are holding you back from purchasing a ticket, the school has an Affordability Fund available to help families / students who are in need a support– email linda.pollastretti@abbyschools.ca

Semester 2 – Students Check your TIMETABLE.

On Monday, we will begin Semester 2. All students were sent via their learn34 account a reminder to check their myed account for their updated Semester 2 timetable (see graphic for help). We will NOT be printing timetables. If you are having trouble logging in see Ms. Mangat in the LC, a counsellor, or admin for support to reset your password (we also sent directions to student's learn34).

Report cards will be available on February 9, 2023 at 3pm. Teachers will be updating and posting into MyEd. Marks posted are not complete until the 9th. Parents you will notice a couple of changes in how we (the school) are reporting information to you.

Congrats Ms. White

Ms. Susie White has been selected to participate in a BC-wide juried competition and exhibition. It's a LIVE portrait-drawing competition being held this **Sunday, February 5th between 12:30 pm and 2:30 pm** at the **Aldergrove Kinsmen Community Centre**. Anyone wanting FREE tickets to the event can access them at this [link \(https://www.langleyarts.ca/events/bc-wide-portrait-competition---click-on-the-poster-for-more-information\)](https://www.langleyarts.ca/events/bc-wide-portrait-competition---click-on-the-poster-for-more-information)

How To Accessing Report Cards/Timetables

1. Log into The MyEdBC website
<https://www.myeducation.gov.bc.ca/aspen/logon.do>
 - a. Enter your **Login ID** and **Password**
 - i. Login ID is the student's pupil number which will be 6 or 7 numbers in length)
 - ii. use the password you used the last time you logged on.
- Forgot your Password, see the Cheat Sheet Help, I Forgot My Password

lease remember if we have created a temporary password for you, you will be prompted to reset your password and set a security question

- Password Requirements**
- Minimum length is 8 characters
 - At least one number and one symbol that isn't a letter or number
 - At least one capital and lowercase letter
 - Password cannot contain login name, first name, middle name, last name, date of birth, personal id, or only sequential letters or numbers

2. Report Cards

- a. Report cards will be available to download on February 10, 2022.
- b. Your report card will appear under the Published Reports heading.
- c. A hyperlink will connect you to a PDF of your report card.
- d. You can view, print or save your report card.
- e. We recommend you print and save a copy of the PDF for future reference.
- f. Report cards will only be available for 3 weeks for viewing, downloading or printing.
- g. We recommend creating a folder in your google drive with each report card from gr 9-12.
- h. You will receive an email that it has been published to the portal.



3. Timetables

- a. Click on the MyInfo tab
- b. Click Current Schedule on the side tab.



NEW Student Emails and NEW WIFI access:

As of Tuesday, Feb. 7 students will be issued a NEW Microsoft email address – so check your learn34 email for your NEW credentials. These new credentials will be used to log into any school district device AND the students BYOD devices. On Tuesday, students with BYOD devices will need to forget the network and relaunch their computer. Tech support will be available in the Library all day so bring your devices to school on Tuesday. See specific instructions below:

c Getting ready for Microsoft: You have a new abbyschools.ca email! (Jan. 20, 2023)

Your teachers may not be using TEAMS yet, but this email address will be needed for 2023 and it needs to be updated now.

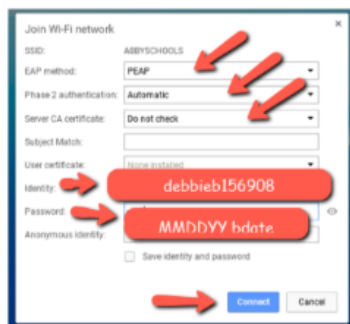
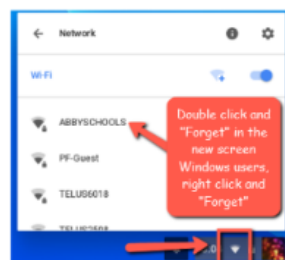
Please follow these steps -

1. School Chromebooks:

- Sign into Chromebook with learn34.com as normal
- If you are using TEAMS, go to office.com in a new window
- Sign in with username (MaryN259867@abbyschools.ca)
- Use birthdate as password MMDDYY If my bday is Nov 4, 2009 ... 110409 will be my password
- To access Google Classroom or Drive, just open a new window and find the Drive Waffle

2. BYOD (follow these steps exactly)

- Turn off the Chromebook if it is already in use
- Open the lid
- Look in the lower RIGHT corner to find the network (Abbyschools – NOT the guest one). Click on "Abbyschools" to open it. Try right clicking on it to find "Forget" (Windows devices, right click to "forget"). You can also try to Control Click on "Abbyschools" to bring up the FORGET option.
- Click on "FORGET" this network (don't skip this step)
- Now, close the lid
- Open up again and choose the network settings in the lower right corner again.
- Choose "Abby Schools" Some setting selections will open up now:
 - Change "LEAP" to "PEAP"
 - Select Automatic
 - Select "Do Not Check"
 - Beside "Identity" type in your entire first Name, Last initial and the 6 digits. This works in most cases. If that doesn't work, use the @abbyschools.ca ending
 - In Password, type in your birthday in MMDDYY format (March 26, 2008 = 032608)
 - Connect
- Some students MAY be asked to log in at this point: use the learn34.com email sign in.
- Choose the Chrome Browser icon



Important: Continue to use your learn34 credentials for signing in to your chromebook after this initial work. Record your new abbyschools email in a safe location – planner, back of binder, etc. You will use this for M365. You can also use your abbyschools email to sign into express.adobe.com

- Navigate to TEAMS (if needed):

- Type in office.com
- Type in your new abbyschools.ca email and password (same as above) and say "YES" to remember. (blue button)
- Now you will see the office suite of tools. Choose the TEAMS menu from the left side bar to confirm that it is working.

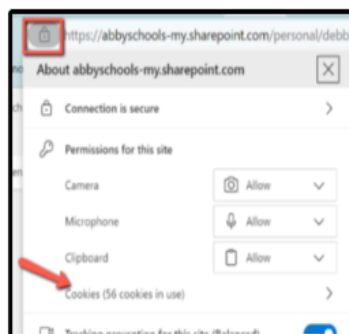
Important: Continue to use your learn34 credentials for signing in to your chromebook after this initial work. Record your new abbyschools email in a safe location – planner, back of binder, etc. You can also use your abbyschools email to sign into express.adobe.com

3. School Computers (lab devices)

- Sign into the computers with username and password provided. Example: username (MaryN259867@abbyschools.ca)
- Use birthdate as password MMDDYY If my bday is Nov 4, 2009 ... 110409 will be my password

TEAMS not working? Clear Cookies! Click on the lock icon in the URL bar at the top. Select "Cookies". Scroll down to the "Remove" button and click it repeatedly until they're all cleared. Choose "Done". (See next page for screenshots) Try logging in again.

How to Clear Cookies:



Character Word of the Week – Respect

Students believe that the well-being and dignity of all people is important simply because they are fellow human beings and they treat every individual with respect, judging them on their character and ability without regard to race, religion, sexual orientation, political ideology, gender, age, or other physical or personal characteristics.

Key Beliefs:

I will be a better student if I act on the following beliefs:

- I will treat others the way I want to be treated.
- It is important to treat everyone with respect, even if I feel they don't deserve it.
- I need to treat everyone the same by accepting their differences, whether they are my friends or people I don't know very well.
- I must respect the personal space of others and keep my hands to myself.
- It is important for people to be included.

Self-Care Monday

FEBRUARY: THE BENEFITS OF BRAIN BREAKS

Taking brain breaks is very important for positive mental health and improving focus. Brain breaks allow you to revitalize your mind and unblock regions in your brain that aren't functioning correctly due to stress and high-intensity work. Breaking away from a tedious routine of work for even just 5 minutes can revitalize and recharge you and help improve your performance in school, at work and even as an athlete.



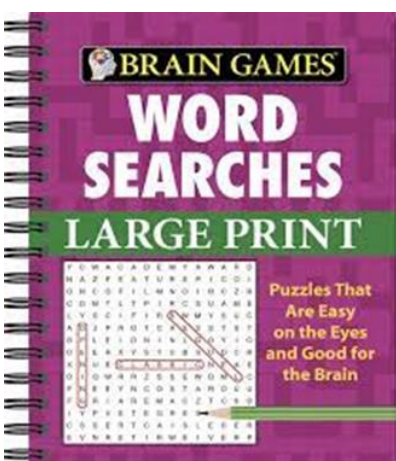
This week's self-care tip is about: Word searches as a brain break!!!

Several studies have shown that regular brain-breaks across the school day enhance students' cognitive functioning and ability to sustain focus. While these brain breaks take only a little amount of time in the classroom, the benefits of increased engagement and cognitive functioning have been shown to increase school performance significantly. All that to say, BRAIN BREAKS HELP WITH LEARNING!

So, on that note, try a Word Search as a brain break today!

Information:

<https://www.edtechreview.in/trends-insights/insights/what-are-brain-breaks-why-is-it-necessary-for-students/>



Learning to Lead – Open to Girls Gr 10-12

Minerva BC is now accepting applications for the Spring 2023 cohort of Learning to Lead™! This program is a unique opportunity for self-identified girls in Grades 10 – 12 to increase their confidence and realize their leadership potential while creating a network who will support them along their educational and career journeys.

Participants develop their confidence through workshops that identify their key strengths and core values. They leave the program with greater self-awareness, and the inspiration to take on new challenges and opportunities.

Learning to Lead™ focuses on:

- **Being Authentic:** embrace and accept your unique self.
- **Self-Knowledge:** identify your values and how to leverage your strengths.
- **Increasing Confidence:** practice sharing your ideas and taking risks
- **Being a Leader:** learn what it means to be a leader and inspire others
- **Creating Connections:** build relationships with peers and mentors

2023 Program Dates:

GROUP 1: TUESDAYS, 3:30-5:30PM
(APRIL 4, 11, 18, 25)

GROUP 2: WEDNESDAYS, 6-8PM (APRIL 5, 12, 19, 26)

Students are welcome to apply to any of the program groups. There is an increased chance of being selected if they can attend either program group. Please note that to participate, students must be able to attend all four sessions of the program. This is an invitation to fully devote four evenings to learning, growth, and fun!

LEARNING to lead™

MINERVA

THE PROGRAM

Learning to Lead™ is a **4-week (1 session/week) leadership program** open to self-identified girls in high school. Participants gain confidence through interactive workshops and activities within a safe and supportive community.

Participants attend 2-hour Zoom sessions once a week for 4 weeks.

WHAT YOU'LL LEARN

Learning to Lead™ focuses on:

- Self-knowledge
- Being a leader
- Increasing confidence
- Being authentic
- Creating connections

SPRING 2023 DATES

Group 1: Tuesdays, 3:30-5:30pm
(April 4, 11, 18, 25)

Group 2: Wednesdays, 6-8pm
(April 5, 12, 19, 26)

Thanks to our generous sponsors, Learning to Lead™ is offered at no cost to participants.

JOIN US!

We are looking for youth who are ready to learn more about themselves, grow their confidence, and connect with other amazing young people from across the province.

50 participants will be selected to attend each 4-week program. Indigenous youth are encouraged to apply.

To nominate a student, please contact **Vib Wadhwa (Youth Programs Coordinator, Minerva BC)** at vibhuti@minervabc.ca

Learn more and apply at: minervabc.ca/learning-to-lead/

Stay tuned for Fall programming!

There is no cost to participants. All program costs are covered by donors and sponsors who believe in the leadership potential of youth.

Coming Up Next Week

Monday, February 6

- Semester 2
 - No Homeroom
 - Go Directly to Blk A
- ABCD
- Self-Care Monday
- Basketball League Playoffs
 - 5:30 Junior Girls
 - 7:00 Junior Girls

Tuesday, February 7

- CDBA
- SBT Team

Wednesday, February 8

- BADC
- Basketball League Playoffs
 - 5:30 Junior Boys
 - 7:00 Junior Boys

Thursday, February 9

- DCAB
- Earthquake Drill

Friday, February 10

- ABCD
- SLO
 - School Open All Students
 - 1st class at 9:30
- Basketball League Playoffs
 - 4:30 Junior Girls
 - 6:00 Junior Girls

Ways You Can Support PAC



Drop off your empties to any
Return-It Express location.

No sorting or lineups!

Account Number:
956-682-8722
WJMOUATPAC

*Bag labels can be picked up from
the school office or printed at R&T Depot:
Unit 23, 31550 South Fraser Way*



Shop at Cobs on Gladwin Road
Mention you're Raising
Dough for WJ Mouat.

**5% of your purchase will be
donated back to Mouat PAC!**



*Located at Gladwin Crossing
Unit 111, 2777 Gladwin Road*

Please help us keep our **GREEN BINS** in use
as they generate monthly income for
Mouat PAC!

**THE BINS
ACCEPT**

- Clothing
- Shoes
- Purses
- Stuffedies
- Linens

in good clean condition

