

# **News from the Nest**

May 9-13- For Parent



#### Spotlight on Learning: We R Hawks Art Show

WJM Leadership collaborated with the Art Studio and the Drawing and Painting students to put together an Art Show for We Are Hawks Week. Clea Brummit and Tekarra Keillor's enthusiasm and efforts to bring this event together after those busy short weeks is much appreciated. The We Are Hawks Art Show is such a wonderful opportunity for students to showcase their hard work and skill.

Ms. Storozuk had her Grade 10 students view and create presentations describing their favourite pieces en Francais. SO great to learn from each other! As she said, "authentic learning at it's finest!"

The artwork below is just a sample of the art in the show. These pieces are by Gurleen Sidhu, Ella Gabriel, Finn Toews, Prabhnoor Kaur, Anna Nguyen, Jael Okoti, and Danika Lyons











# **Youth Mental Health Forum**

On Friday, the Abbotsford School District hosted a Youth Mental Health Forum with participants from all high schools across the city. Our Mouat participants challenged their thinking while advocating for the supports they and their peers would like to see in school.

Thank you to the crew who presented their plan to Mrs. Pollastretti, and Trustee Mr. Pederson. Lastly, a shout out to Mrs. Nyberg and Mrs. Rajabally for supporting our students to find their student voice.







#### MMIWG2S

Kudos to the Thrive Leadership and our students for their acknowledgement and leaning into our MMIWG2 assembly. Students were quiet, attentive, and respectful as our Thrive leadership team presented on a powerful and important topic.

### **Congrats Zac Badke**

Zac Badke participated in the Regional Skills competition for electrical. He won the silver medal in a tough competition! Way to go Zac!



#### **Mouat Wrestlers Continue Dominate**

After an Impressive BC School Sports Team Aggregate Championship performance, nine Mouat wrestlers competed for spots on the TEAM BC Canada Games Team. The Canada Games occurs once every four years. The 2022 Canada Summer games will be in Niagara, Ontario starting Aug 6 th.

Mouat Secondary School's - TEAM BC 2022 CANADA GAMES TEAM MEMBERS

Jagvir Grewal
Tejvir Dhinsa
Michealjeet Grewal
Mikaela Trolland
Jagroop Dhinsa

#### **Cafeteria Mondays**

Hey Mouat, our Culinary Arts class will be offering Special Meals on Monday. This Monday will feature Linguine Carbonara with Chicken.

#### **E-Sports Update**

Mouat esports team had a good week featuring the first two round of the playoffs. The rocket League team won the Quarter Finals and semifinal best of 7 series 4-0 and 4-1

respectively. This week they competed in the Final against Nanaimo and took home the win! Well done, E-Sport Rocket League team including Lucas, Tegan, Zach, Izaak, Jahan, and

Micah and Mr. Billo's for his support and encouragement.





#### **Welcome Emmitt**

Emmitt Belzer (Mr. B) will be co-teaching Mr. Bidal's class with Admin for the next couple of week and then transitioning to full time for the remainder of May and June. Welcome to the Mouat team and taking on this teaching assignment.

#### **Congrats Gurmat Dhaliwal**

Gurmat is a provincial level Field Hockey player and Mouat French Immersion student who has been accepted into the House of Commons Page Program. Entrance into the program in competitive with a limited number of students from each province accepted annual. Well Done Gurmat!

#### Mental Health - All Year Long

May 2-7 was Mental Health Awareness week. This year's theme is "Empathy"-- I care about you!

As we continue to move forward together, we cannot deny the impact that our current world situations have had on our wellness. We are human and meant to care for one another with empathy. I invite you to prioritize your self-care and mental health not just in this one week but in all 52 weeks of the year.

#### **Bussing and Transportation for Next School Year: 22-23**

School Bus online registration for 2022-23 school year opened on

May 2<sup>nd</sup>, registration will run till August 7th. From August 8 to October 2<sup>nd</sup>, we will be building routes and adjusting runs and as a result bus registration will be closed during that time and will re-open Monday, October 3<sup>rd</sup>. All students need to register or re-register every year, if you don't register by the deadline you will have to wait till October before your student can ride the bus. We had a new automated registration system implemented last year, if you're a returning rider you would have been sent a login and password, back when you originally registered to use to securely log into our site. Everything you need to know about registration can be found on our Transportation Web Site see here <a href="https://www.abbyschools.ca/student-">https://www.abbyschools.ca/student-</a> transportation select "REGISTER NOW" button. There is another button there on that web page for the Tutorial on how to also register a tutorial on how to edit your students current busing registration information, you can push on that button if you wish. If you've forgotten your login information when you get to the registration site, there is a "Forgot Password" reset area. For those returning to the registration site this year it will only take a minute to re-register as all of your information for your student will be on your site once you log in, most of you will only need to change your students grade and perhaps school name if they're moving from Elementary to Middle or Middle to High school then fill in your date to begin riding (must fill in date to begin riding, very important!). If any of your contact information has changed you will have a chance to change that as well at that time.

# PAC Staff Appreciation - May 13<sup>th</sup>

**Baking Needed:** PAC is looking for Mouat families to contribute baked goods (home or purchased) to put on a nice spread for our 120 staff! Please let us know if you can pitch in: <a href="https://signup.com/go/dfpPvTQ">https://signup.com/go/dfpPvTQ</a>

Raffle Donations: We have extended the deadline for raffle donations, please email <a href="mailto:wjmouatpac@gmail.com">wjmouatpac@gmail.com</a> by May 11th, if you have anything to donate and we will arrange pick-up of your item(s). Big thank-you to those who have already made contributions:)

Your WJ Mouat Admin Team

# Coming Up Next Week

#### Monday, May 9

ABCD

# Tuesday, May 10

- CDAB
- Talent Show in Block C
- 3.30 Sr. Girls Soccer vs Chilliwack

# Wednesday, May 11

BADC

# Thursday, May 12

- DCBA
- Mock ICBC Crash w/ APD
- Character in Action Awards SBO
- ICBC Assembly in PM

# Friday, May 13

SLO: ABCD

#### Upcoming

• May 19 – Grad vs Staff Hockey Game

# PAC AGM:

Mouat's website.

May 16th will be the final PAC meeting of the year and our AGM where we will elect the executive board for the 2022-23 school year. We are looking for someone to fill the Secretary position. Anyone who is interested in joining the board, please email <a href="wjmouatpac@gmail.com">wjmouatpac@gmail.com</a>. PAC will also be presenting a proposed updated Bylaws & Constitution at the AGM. A copy of the proposed Bylaws & Constitution is available for download and review on the PAC page of

