



Christmas Workshop Series!

Are you a youth aged 12-19?

Here are 4 days of fun & education!

SWEENY NEIGHBOURHOOD 33355 BEVAN AVE

ALL SESSIONS 1:00PM-3:00PM

DECEMBER 2022

MONDAY 19: Defining & understanding anger

TUESDAY 20: Personal values, goals & beliefs

WEDNESDAY 21: Practical tools, patterns and triggers

THURSDAY 22: Dealing with the aftermath of anger

**If you attend all 4 workshops
you will be entered into a draw
for a chance to win a
FREE CHROMEBOOK!**

For more information contact:

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