W J Mouat Secondary School Provincial Championships "WJM Mouat Hawks" Sept 23/22

- 1975-76 BC Girls 5 Pin Bowling Champions
- 1984-85 BC Sr Girls Basketball Finalist
- 1992-93 BC Sr Football "AA" Champions
- 1992-93 BC Boys Basketball 3 on 3 Champions
- 1994-95 BC Synchronized Swimming Champions
- 1995-96 BC Sr Football Finalists
- 1997-98 BC Sr Football Finalists
- 1997-98 BCSSWA AA Small Schools Champions
- 1998-99 BCSSWA AA Small School Champions
- 1999-00BC Gr 8 Football Finalist
- 1999-00 BC Gr 9 Boys Basketball Champions
- 2000-01 BC Sr Football Finalist
- 2000-01 BC Gr 9 Boys Basketball Champions
- 2001-02 BC Jr Football Champions
- 2002-03 BC Sr Football AAA Champions
- 2005-06 BC Sr Football AAA Champions
- 2007-08 BC Sr Football Finalists
- 2007-08 BC Jr Football Finalists
- 2008-09 BC Jr Football Champions
- 2008 -09 BC Girls Wrestling Finalists
- 2008-09 BC Boys & Girls Wrestling Aggregate Combined Finalist
- 2009-10 BC Sr Football Finalists
- 2009-10 BC Girls Wrestling Champions
- 2009 -10 BC Boys & Girls Wrestling Aggregate Combined Finalist
- 2010 -11 BC Sr Girls Basketball AAA Champions

- 2011-12 BC Sr Football Finalists
- 2012 -13 BC Jr Girls Basketball Champions
- 2012-13 BC Boys Wrestling Champions
- 2013 -14 BC Boys Wrestling Finalists
- 2013-14 BC Boys & Girls Wrestling Aggregate Combined Finalists
- 2014 -15 BC Boys Wrestling Finalists
- 2014-15 BC Boys & Girls Wrestling Aggregate Combined Finalists
- 2014 -15 BC Sr Girls Basketball Finalists
- 2015-16 BC Track & Field Second Place Team
- 2015 -16 BC SR Boys Track & Field Second Place
- 2016 -17 BC SR Boys Track & field Second Place
- 2021-22 BC Boys & Girls Wrestling Aggregate Combined Champions
- 2021-22 BC Boys Wrestling Finalists

Sr Football Finalist: North Delta 1995 Richmond 1997 STMC 2000 Terry Fox 2007 Mt Doug 2011

- Sr Football Champions; VC 92/ VC 02/ VC 05
- Jr Football Finalist : Terry Fox 07
- Jr Football Champions : 2001 Pinetree Secondary, 2008 STMC