



## News from the Nest

May 23-26 - Mouat Family Edition



### Spotlight on Language Enriched Social Studies 10 and Scaffolds for ELL Students

Mouat's ELL program continues to grow. Since our last NFTN update in February, we have welcomed newcomers from Afghanistan, Ghana, the Philippines, El Salvador, Ukraine, Syria, Turkey, and India. Amongst the many hopes and goals they have, education is one of their top priorities as they know it is essential to building future successes in their life.

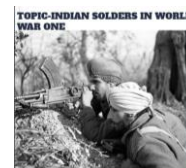
Abbotsford's ELL program is developed on the principle that irrespective of the English learners' stage of language development, students can engage in higher-level thinking with scaffolds and linguistic support. Social Studies 10 LE (Language Enriched) is a course that uses adaptations and scaffolds to build language fluency and curricular competencies simultaneously. Ms. Poss creatively combines visuals, text, video, and diverse learning opportunities to help students make personal connections to the curriculum. Recently she worked with a district-helping teacher on an inquiry-research project where students chose a WW1 topic of interest. The digital platform Book Creator was used as a final product for students to demonstrate their learning. Students created authentic and creative representations of their learning. **Use the links to the right to look at some of their projects and hear their stories narrated in their own voices.**



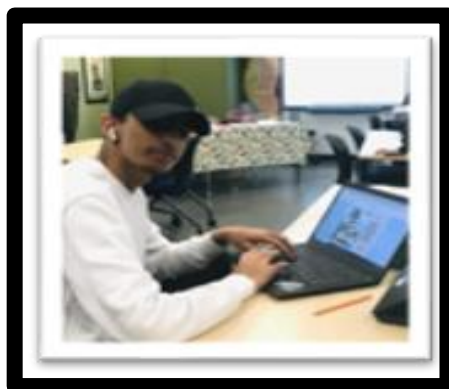
[Planes in WW1 - Book Creator Inquiry Research](#)



[Women's Fashion in the 1920/30's - Book Creator Inquiry Research](#)



[Sikh Soldiers in WWI - Book Creator Inquiry Research](#)



## Mouat Key Club Spins for Cancer



Our very own Mouat Key Club participated in a Spin for Cancer event. They rode stationary bikes for minutes upon minutes, hours upon hours and raised over \$6000 for the BC Cancer Foundation.

Way to go Mouat KEY CLUB. **You spin me right 'round, baby, right 'round!**

## Character Word of the Week: **Caring**

Caring is both an action and a state of mind that demonstrates kindness and sensitivity to others.

How it can look when put into action:

- Paying it forward
- Being sensitive to other people's points of view
- Sharing.
- Listening.
- Volunteering to help.
- Being generous.
- Encouraging others.
- Protecting vulnerable members of the community.



## Self-Care Mondays

May 29th:

This week's self-care tip is about:  
THE BENEFITS OF CHAIR ZUMBA

Seated exercises are good for posture, strengthen your core and your shoulders and help improve your flexibility. Adding music and some choreography just makes it more fun. So, give chair Zumba a try!

Information:

<https://www.webmd.com/fitness-exercise/features/4-benefits-chair-exercises-senior>

Activity: Chair Zumba

<https://www.youtube.com/watch?v=6ahcosaMblk>



## Coming Up Next Week

### Month of June Filipino Heritage Month

Monday, May 29<sup>th</sup>

- ABCD

Tuesday, May 30<sup>th</sup>

- CDBA

Wednesday, May 31<sup>st</sup>

- BADC
- French Immersion Capstone Presentations
- Mike Perry's Birthday

Thursday, June 1<sup>st</sup>

- DCAB
- Grad BBO
- Grad vs Staff Soccer Game during Block B

Friday, June 2<sup>nd</sup>

- Tutorial Day
- BADC
- Indigenous Grad BBO at lunch
- Linda P's Birthday
- Grad quotes/survey due date link:

[https://docs.google.com/forms/d/e/1FAIpOLScVXXeHPisPf0YECbvzz3kjfxtXeeuNr1kH7y\\_HIQ12SioScg/viewform](https://docs.google.com/forms/d/e/1FAIpOLScVXXeHPisPf0YECbvzz3kjfxtXeeuNr1kH7y_HIQ12SioScg/viewform)



Your WJ Mouat Admin Team

## GRAD QUOTES FOR STAGE CROSSING

We are excited to include a personal message, for each grad, that will be read aloud at your convocation on Saturday, June 24<sup>th</sup> as you cross the stage. The attached survey contains the information that will be shared.

Please complete the survey by Friday, June 2<sup>nd</sup>.

The information you submit will be read aloud, in the third person, with your provided pronouns, when you receive your diploma. Example: "Simon plans to attend UFV in the fall and they would like to thank their family and their teachers."

Any blanks or inappropriate comments will automatically be replaced with "This grad would like to thank their teachers and administrators."

If you have any questions or any trouble with the form, please see Ms. Bowater in room 222.

- [https://docs.google.com/forms/d/e/1FAIpOLScVXXeHPisPf0YECbvzz3kjfxtXeeuNr1kH7y\\_HIQ12SioScg/viewform](https://docs.google.com/forms/d/e/1FAIpOLScVXXeHPisPf0YECbvzz3kjfxtXeeuNr1kH7y_HIQ12SioScg/viewform)

