



News from the Nest

January 15-19, 2024 – Parents



Spotlight on Learning:

FINDING ENGAGEMENT IN LIFE SCIENCE 11

Presented by: Janelle Dick
Course: Life Science 11



TEACHER REFLECTION: Every class I hope to see students lean into the learning and take risks to present their newly discovered knowledge in creative ways. These are a few examples of lessons that engaged the students in a noticeable way.

Students were asked to create four types of viruses using a random box of supplies. Throughout this activity, even reluctant learners participated, and the result was a more memorable lesson and relaxing teaching experience. After the models were assembled, I roamed the room and asked each student to verbally name the parts and functions represented in their structure as an on-the-spot assessment for learning. Any errors or omissions in the student’s understanding were quickly corrected by our conversation and I knew if they were ready to move on to the next topic.

Connecting Traditional Ecological Knowledge (TEK) in Indigenous Creation stories with Western Science. Students were given the opportunity to use the organisms represented in an Indigenous Creation story of their choice to show TEK and connections to Evolution. Students were also allowed to represent their learning in different formats including Essay or Slideshow.



Raven

Killer whale ...

some vague conceptual relation and more symbolic connections may be made between the two. In the Tlingit tale, Natsilane was able to carve the killer whale “after three tries and much improvement in his carving skills” (Natsilane). The development of his skills and the attempts he made to carve the whale can be reference to the overall process of evolution. The process that is the concept of changes that happen to an organism over time. It could be said that “different attempts” in the evolutionary tree have been made by branching off into different developments, causing the creation of diversity among life. The

Literacy and Numeracy Assessment Weeks

ALL students MUST write the Numeracy 10, Literacy 10, and Literacy 12 exams to complete graduation requirements. *The students who are currently in a Math 10, English 10 or English 12 would have written in November.* Semester 2 classes in these subjects will write in April. If they were registered for the November sitting but missed it, they will receive an email letting them know when they will be writing next week. They can also check the spreadsheet in the counselling center or just outside the main office to confirm.

**Do Your
Best**

*****If your child knows that they need to write an exam because they missed it in November, and they don't see their name on the spreadsheet, please have them contact Sherri Draayers in the counselling office.**

*****Semester 1 French Immersion students will also be writing the FI Written Exam starting next week.
Mme Castonguay will inform her students of specifics.**

Week One - January 15 to 19				
Mon. Jan 15 (AM) Block A Block B	Tues. Jan 16 (AM) Block C - Castonguay FI Written Exam (8:00-11:00 in LC). Block D FI Exam Cont.	Wed. Jan 17 (AM) Block B - Lit 12 Exam in LC Block A - Lit 12 Exam Cont.	Thurs. Jan 18 (AM) Block D - Literacy 10 Exam in LC Block C Lit 10 Exam Cont.	Fri. Jan 19 (AM) Block B Block A
Mon. Jan 15 (PM) Block C Block D	Tues. Jan 16 (PM) Block B Block A	Wed. Jan 17 (PM) Block D - Numeracy 10 Exam in LC Block C - Exam Cont.	Thurs. Jan 18 (PM) Block A - Literacy 10 Exam in LC Block B Lit 10 Cont.	Fri. Jan 19 (PM) Block D Block C
Week Two - January 22 to 26				
Mon. Jan 22 (AM) Block A Block B	Tues. Jan 23 (AM) Block C - Castonguay FI Oral Exam in LC Block D FI Oral Exam	Wed. Jan 24 (AM) Double Block - B	Thurs. Jan 25 (AM) Double Block - D	Fri. Jan 26 (AM) Credit Recovery/ Semester Turn Around
Mon. Jan 22 (PM) Block C Block D	Tues. Jan 23 (PM) Block B FI Oral Exam Block A FI Oral Exam	Wed. Jan 24 (PM) Double Block - A	Thurs. Jan 25 (PM) Double Block - C	Fri. Jan 26 (PM) End of Semester 1

Character Word of the Week

RESPECT: *Self-discipline, courtesy and upholding the dignity of others are qualities that define respectful people. How it can look when put into action:*

- Being patient
- Caring for yourself.
- Standing up for what you believe is right.
- Saying please, thank you and excuse me; showing good manners.
- Showing good sportsmanship.
- Allowing others to go first.
- Following school code of conduct.
- Considering the safety and well being of others.
- Showing appreciation for the opportunities and privileges you are offered.



Self-Care Mondays

January 15th, 2024

This week's self-care tip is about: THE BENEFITS OF ART and MUSIC-together.

Sometimes playing just the right song at the right time can improve our mood. We also know that drawing and doodling help with focus and tuning out some of the negative thoughts we might have. ART and MUSIC together are a recipe for improved mental focus and reducing stress. So, combine the two for double the benefits!

Information:

<https://www.innerbody.com/health-benefits-of-art-and-music>

Activity: Do exactly what is shown in the video below. (doodle with music)

<https://www.youtube.com/watch?v=ZxW35fp3tDY>

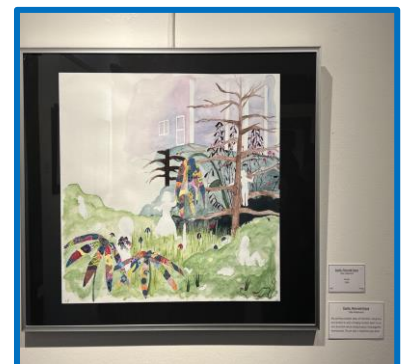


BEST in SHOW - Flora and Fauna



This semester Lillia Hildebrand created a watercolor painting for Drawing and Painting 11. It is called Flora and Fauna and represents being spirited and free as well as being at an even level with nature and being at peace while living together harmoniously.

With encouragement from Ms. White, Lillia entered it into a local art show in Mission and won Best in Show (Youth Category) of the 2024 Peggy Staber Memorial Exhibition. Her work is on display at the Mission Art Council Headquarters from now until January 21st, 2024. Here is a link to the newspaper article she is featured in! [Mission connects with its nature at Peggy Staber art show - Mission City Record](#)



Your WJ Mouat Admin Team



Hey parents...

Need a break from preparing lunches or want to treat your hardworking child to lunch while also supporting the Entrepreneurship classes? Here is an offer that can't be denied.

On January 17th, 18th and 19th, Entrepreneurship students will be operating their businesses at lunch. Businesses will be located throughout the main hall & cafeteria. Students will be selling sushi, samosas, ice cream, cookies, candy bags, chips, lemonade and more. Great prices! Awesome way to end a semester!

Coming Up Next Week January 15th- January 19th

Monday, January 15th

- ABCD
- Black Excellence Day 10:30-12:00 pm
- [Grad Photos](#)
- 9BBB @ MEI 5:00
- JBBB @ MEI 6:15
- JGBB @ MEI 7:30
- SBBB @ Yale 7:00
- [PAC Meeting 7:00-8:30](#)

Tuesday, January 16th

- CDBA
- [Grad Photos](#)
- SBT 2:45
- 9GBB @ Sardis 5:30
- 9BBB vs Terry Fox 4:30
- JBBB vs Terry Fox 6:00
- SBBB vs Terry Fox 7:30

Wednesday, January 17th

- BADC
- [Grad Photos](#)
- JBBB vs Hansen 3:00
- 9BBB vs Hansen 4:30
- JGBB vs Hansen 6:00
- 9GBB vs Hansen 7:30

Thursday, January 18th

- DCAB
- [Grad Photos – LAST DAY](#)
- SBBB at Chilliwack 7:00

Friday, January 19th

- BADC Tutorial Day

French Fieldtrip

Mme Grozell's French 10/11 students had the opportunity before Winter Break to be a tourist in Vancouver. They visited the Vancouver Art Gallery, ate some delicious food, and found many Francophone businesses.



Ways You Can Support PAC



Drop off your empties at any Return-It Express location.

No sorting or lineups!

**Account Number:
956-682-8722
WJMOUATPAC**

*Bag labels can be picked up from the school office or printed at R&T Depot:
Unit 23, 31550 South Fraser Way*



**Shop at Cobs on Gladwin Road
Mention you're Raising
Dough for WJ Mouat.**

**5% of your purchase will be
donated back to Mouat PAC!**



*Located at Gladwin Crossing
Unit 111, 2777 Gladwin Road*

**Please help us keep our GREEN BINS in use
as they generate monthly income for
Mouat PAC!**

THE BINS ACCEPT

- Clothing
- Shoes
- Purses
- Stuffies
- Linens

in good clean condition

