



# News from the Nest

May 27 - 31, 2024 – Parent Edition



## Spotlight on Learning: *Is Capitalism Good for the Poor?*

Presented by: Ms. Nimmy Sidhu  
Course: Economics 12

**TEACHER REFLECTION:** Students were given the following question “Is Capitalism Good for the Poor?”. They were asked to present both sides of the argument in any format they chose, and to reach some conclusions about where they personally stand based on the evidence they provided. This was quite challenging for some students as there is no complete right or wrong answer and they had to reach their own conclusions. Overall, I think it was a valuable learning experience!



**STUDENT REFLECTION:** Reflecting on the economics project, I am filled with a sense of satisfaction and a newfound appreciation for the complexities of the subject. The project allowed me to tap into my creative side as I explored new and innovative ways to approach the problem at hand. It was truly enjoyable to delve into the intricacies of the subject matter and to challenge my assumptions and preconceived notions.

Through the project, I was struck by the realization that often, what appears to be good for the world can have a detrimental impact on the poorest members of society. This was a powerful lesson that has stayed with me, and it has left me with a deep appreciation for the importance of considering the ramifications of our actions, both locally and globally.

In conclusion, the economics project was a truly enriching experience that not only expanded my knowledge of the subject but also opened my eyes to the wider implications of our choices. It has instilled in me a sense of responsibility to use my understanding of economics to work towards creating a fairer, more equitable world for all.

## WJ Mouat Student wins Science Fair

A big shout out to Xauni de Figueiroa who has won the University of the Fraser Valley \$4000 Entrance Scholarship award at the Fraser Valley Regional Science Fair for her project on Optical Dating Sand Dunes. Judges also chose her research for the gold ribbon award at the science fair, and she has been selected to go on to compete at the Canada-Wide Science Fair in Ottawa later this month. Good luck and WJ Mouat is proud of your accomplishment!

## Character Word of the Week: AWARENESS

Awareness means being informed about school, community, and global issues, identifying with the needs of others, and considering all points of view.

*How it can look when put into action:*

- Learning about other cultures.
- Including everyone.
- Seeking fairness and equity for all.
- Having self-control.
- Volunteering to help.
- Sharing.
- Showing gratitude.
- Finding your passion.
- Taking initiative.



## Self-Care Mondays

### May 27<sup>th</sup>:

This week's self-care tip is about: **THE BENEFITS OF SUNSETS.**

Studies show that taking the time to experience natural beauty, such as a sunset, can make you feel better, increase your generosity, and enhance your life satisfaction. It's about dropping all you're doing and appreciating the beauty of the moment. So, take that time today to appreciate the beauty of nature and if you can, watch a sunset, look at the trees and the sky, listen to the wind and really pay attention to what you see and hear and feel.

### Information:

<https://www.psychologytoday.com/ca/blog/minding-the-body/201407/how-admiring-the-sunset-changes-you-the-better>

### Activity:

Activities to try with your classes: <https://www.naturewise.com/blogs/blog/3-outdoor-mindfulness-activities-to-do-in-nature>

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May is . . . .



### **French Immersion Grad Banquet**

DATE: Wednesday, June 5th

TIME: 6-8pm

PLACE: Mouat Cafeteria

COST: Students eat for free and any additional tickets for parents/guardians/family will be \$20 (up to 2 tickets per grad).

Lots of door prizes

Tickets can be purchased at <https://www.schoolcashionline.com/>

**COME ON OUT AND CELEBRATE THEIR JOURNEY TO BILINGUALISM**



### **2023/24 Athletic Banquet**

DATE: Tuesday, June 11, 2024

Doors open: 5:30 pm

Banquet: 6:00 pm to 9:00 pm

Location: Main gym

Students receive a ticket free of charge once all athletic fees have been paid. Guest tickets (max 2 per family) are \$25 each.

### **PAC Staff Appreciation**

WJ Mouat PAC is planning another Staff Appreciation event at our school for Friday May 31st. We are looking for families to help provide a light breakfast & door prizes for the staff. If you can help? Here is the link to sign up <https://signup.com/client/invitation2/secure/73381440045/false>

### **PAC AGM**

The time has come again to elect our PAC executive for the 2024/25 school year at the PAC's Annual General Meeting, which is this Monday, May 27 at 7 PM in the learning commons and online via zoom.

We invite all parents and guardians from grade 9 to 11 to attend and vote, or put your name forward to be on the PAC Executive. The PAC Executive positions that are vacant and need to be filled are:

1. Chair
2. Vice Chair

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3. Treasurer
4. Secretary
5. DPAC Representative

The elected PAC is YOUR connection to maintaining strong parent–school relations. The PAC encourages all parents/guardians to get involved with our school community, as the work you do directly benefits all Moaut students!

The zoom link for the Annual General Meeting if you can't attend in person is:

[\[https://us02web.zoom.us/j/89080934574?pwd=c09OeGk4SG1aMDVaaEtRNHdJcFRLZz09\]](https://us02web.zoom.us/j/89080934574?pwd=c09OeGk4SG1aMDVaaEtRNHdJcFRLZz09)(<https://us02web.zoom.us/j/89080934574?pwd=c09OeGk4SG1aMDVaaEtRNHdJcFRLZz09>)

Meeting ID 890 8093 4574

Passcode 392967

**[Please see the next page for the upcoming events at Moaut.](#)**

## COMING UP NEXT WEEK

### May 27 - 31

#### Monday, May 27

- ABCD
- PAC AGM at 7 pm

#### Tuesday, May 28

- CDBA
- Grade 12 Assembly (Block D)
- Grad BBQ @ Lunch
- Counsellor/Admin Mtg

#### Wednesday, May 29

- BADC

#### Thursday, May 30

- DCAB

#### Friday, May 31

- ABCD
- Tutorial Time
- Indigenous BBQ @ Lunch
- Grad vs Staff Soccer Game Buy Out

#### Upcoming Events:

-  June 3<sup>Rd</sup> - Café Jazz Night
-  June 4<sup>th</sup> – Year End Band Concert
-  June 5<sup>th</sup> - French Immersion Banquet
-  June 6<sup>th</sup> - Indigenous Grad Ceremony @ Abby Arts
-  June 13<sup>th</sup> – Academic Awards Night
-  June 21<sup>st</sup> – Last Day of classes for students that are not completing credit recovery
-  June 24<sup>th</sup> - Convocation at the Abbotsford Entertainment Centre
-  June 25<sup>th</sup> – Semester 2 marks due by 3 pm
-  June 26<sup>th</sup> – Prom at Newlands Golf & Country Club. Ticket can be purchased on School Cash Online
-  June 28<sup>th</sup> – Last Day for Teachers