



News from the Nest

June 2 to June 6/25 – Parent Edition



Coming Up Next Week:

Monday, June 9

- ABCD
- Non-Interruption Week
- Music Concert Café Jazz 7:30pm in Cafeteria

Tuesday, June 10

- CDBA
- Non-Interruption Week
- Year End Music Concert at 7:00pm in Gym

Wednesday, June 11

- BADC
- Non-Interruption Week
- Literacy and LTF 12 Exams
- Indigenous BBQ at Lunch
- Indigenous Graduating Honouring Ceremony
- Athletic Awards Banquet

Thursday, June 12

- DCAB
- Non-Interruption Week
- Literacy and LTF 12 Exams
- Academic Awards

Friday, June 13

- BADC
- Non-Interruption Week
- International Farewell Lunch

**IMPORTANT
MESSAGE FOR
GRADS AT THE
END OF THE
NEWSLETTER!**

THE W.J. MOUAT PAC IS FUNDRAISING!



GREEN INSPIRATION CLOTHING BINS

Drop your unwanted clothing off in the bins located in our front parking lot.

RETURN-IT EXPRESS

When dropping off bottles, use the number 956-682-8722 (WJ MOUAT PAC), and PAC will receive the donation from your recycling efforts.

COBS BREAD

When you mention your child attends W.J. Mouat at the Gladwin & Highstreet locations, a percentage of your purchase will be donated to WJ Mouat PAC

HAWK GEAR



**AVAILABLE IN
THE OFFICE**

The Authentic T-shirt Company GENERAL SIZING GUIDE

	XS	S	M
Chest	30"- 32"	34"- 36"	38"- 40"
Waist	26"- 29"	29"- 32"	32"- 35"
Sleeve Length-CB	31"- 32"	32"- 33.5"	34"- 35"
Sleeve Length-CI			
	L	XL	2XL
	42"- 44"	46"- 48"	50"- 52"
	35"- 38"	38"- 41"	41"- 44"
	35"- 36"	36"- 37"	37"- 38"
	37"- 37.5"	38"- 38.5"	39"- 39.5"

This information is intended for use as a general guideline. Sizing and fit may vary.

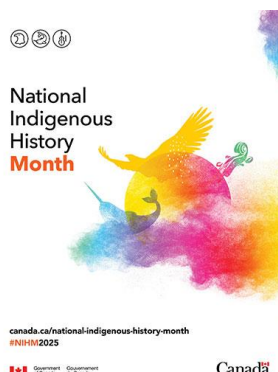
Weekly Athletic Recap

Track & Field

The track team is participating in the BCHS Champs on June 6, 7, & 8 at McLeod Stadium in Langley. Come cheer the team on or watch the live stream at <https://www.youtube.com/BCSSTV>. Only athletes that qualified for the BC's will be competing.

Go Hawks! Keep up the great work, and let's cheer our teams on for continued success!

June is:



Thrive Corner:

Tanisi,

The Story of The Seven Grandfather Teachings – Ojibway Teachings

The Seven Grandfather Teachings form the foundation of an Indigenous way of life. Key concepts of respect and sharing are built into the Seven Grandfather Teachings. There are many versions of the Seven Grandfather Teachings.

The Creator gave the seven grandfathers the responsibility to watch over the people. In this recounting of the story, the seven grandfathers, seeing that the people were living a hard life, sent a messenger down to the earth to find someone who could tell what Ojibway life should be and bring him back. The messenger searched all directions – North, South, West and East – but could not find anyone. Finally, on the seventh try, the messenger found a baby and brought him back to where the grandfathers were sitting in a circle. The grandfathers, happy with the messenger's choice, instructed him to take him all around the earth so the baby could learn how the Ojibway should lead their lives. They were gone for seven years. Upon his return, as a young man, the grandfathers, recognizing the boy's honesty, gave him seven teachings that he could take with him. They are as follows: Nibwaakaawin—Wisdom; Zaagi'idiwin—Love; Minaadendamowin—Respect; Aakode'ewin—Bravery; Gwayakwaadiziwin—Honesty; Dabaadendiziwin—Humility; and Debwewin—Truth. **Miigwech**



Your WJ Mouat Admin Team

Entrepreneurship 10 Is Open for Business

Calling all students, staff, and visitors—get ready to experience the buzz of young innovation and creativity right here at **Hawksville** (aka Mouat Secondary)!

Our talented Grade 9 and 10 entrepreneurs have launched their very own small businesses as part of their final project, and they're ready to impress! The halls of Hawksville are now transformed into a vibrant marketplace filled with **delicious treats** and **unique products**—all created and sold by our amazing students.

🍦 **Craving something sweet?** Indulge in **ice cream**, **mini donuts**, **gourmet cookies**, **brownies**, **Brazilian Brigadeiro**, **strawberries dipped in chocolate**, and more!

🍪 **Feeling savory?** Try **accordion potatoes**, **samosas**, or sip on **refreshing lemonade** and **fresh-made waffles**.

🖼️ **Looking for something special?** Check out **landscape prints** captured by student photographers, or grab a **custom keychain or phone case** designed with flair.

👛 So grab your wallet, bring your appetite, and come support the next generation of entrepreneurs. Let's make Hawksville hustle!

May Student of the Month

Our very deserving recipient of the May Student of the Month is none other than Breanna Tanguay. When you see her, feel free to congratulate her on her achievement.



Multiple teachers recognized Breanna as exemplifying all the character traits of teamwork, respect, integrity, caring, responsibility, and awareness. Her nominating teachers say, “she has impeccable character and is academically exceptional.” Breanna is “a confident leader with purpose and authenticity”, and her peers rave about her contributions to the school and community at large.

CONGRATULATIONS Breanna!

Self-Care Mondays

June 9: This week's self-care tip is about: **THE BENEFITS OF BRAIN BREAKS**

A brain break is an opportunity to recharge before continuing with new learning. It permits you to refresh and rejuvenate so that your focus improves as you continue with an existing task or take on a new task. So, after that 30-minute intense lesson on “whatever”, taking a short brain break can help you

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presentation explaining why their chosen option was the best and the reasoning behind their conclusion. I think the biggest benefit of this project is not only that students get to apply their knowledge that they have theoretical practiced, but also practice building confidence by speaking to people in the field. For example, calling car dealerships and asking questions of leasing options and interest rates. This helps them build confidence in asking intelligent questions and critically reflecting on what is offered rather than blindly trusting.

STUDENT REFLECTIONS:

I enjoyed this project because we could relate what we did in class to the real world. It showed where you could actually use the math that we learned. This is the most valuable math we have learned. I chose to calculate buying a car vs. leasing a car because that is what I am interested in and wanted to know which one would be cheaper. I want to get a Toyota for university so I found a Toyota at the Abbotsford Auto Mall and then I called them to get the information on how much it would cost to buy vs. lease. Overall, I found out that if you want to keep a car for a very long time, then it is cheaper to buy a car and keep it for that long, however if you want to drive a new car and change it every few years, then it is better to lease. This helped me learn a lot and I learned

Buying VS Renting house long-term

Buying: I want to buy a house long term, the cost is \$1,099,900 for 20 years with a 5-year term compounded annually by 6.79% and requires monthly payments, the house depreciated 15% over the 5 years. The down payment needed is 20%

Renting: The other option is renting the house for \$3700



Student Life



Living on Campus at UBCO

Paying for school

Amount I want to borrow \$12,766.50
Min. \$5,000 to max. \$50,000

Fixed or Variable Interest Rate 9.00 %
More frequent payments will reduce your total interest over the term of your loan.

I'll pay it off in 1 year
The time you take to pay it off, also referred to as the term, helps determine your payment amount and how much total interest you'll pay.

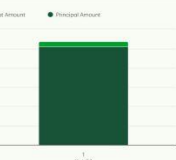
I'll make a payment Monthly

9.00% and term of 1 year(s)

Your total monthly payment is :

\$1,116.45

Your total interest over 1 year(s) is: \$621.78



Living on Campus Vs Leasing an Apartment

I am debating whether next year in university I should rent an apartment with a roommate for my first year, or get a dorm that is also co-shared with a roommate. I can rent an apartment for \$2,500 per month or get a dorm for 7 months at \$8,511. With being a fresh out of high school student and not having much money, I will need to get a student loan that has an interest rate of 9%. I will pay off the student loan in 1 year, making monthly payments. Which option is better?

1 year = \$12,766.50 dorm (\$8,511 / 8 months x 12 months)

1 year = \$15,000 apartment

<https://www.td.com/ca/en/personal-banking/products/borrowing/personal-loan-line-of-credit-calculator>

Renting an Apartment in Kelowna

Amount I want to borrow \$15,000.00
Min. \$5,000 to max. \$50,000

Fixed or Variable Interest Rate 9.00 %
More frequent payments will reduce your total interest over the term of your loan.

I'll pay it off in 1 year
The time you take to pay it off, also referred to as the term, helps determine your payment amount and how much total interest you'll pay.

I'll make a payment Monthly

Your total monthly payment is :

\$1,311.77

Your total interest over 1 year(s) is: \$730.55



Your WJ Mouat Admin Team

Message for Grads

GRADS! If you have a missing photo on the slide show, send in baby and personality photos from your Abbyschools emails. Sending from another email may result in your photo going into the Junk folder and being deleted. Send photos to wjm2025babyphotos@outlook.com. Deadline is Friday 13th of June.

Grad Cap/Gown & Ticket Pickup

Grads can pick up on June 16th, 17th, and 18th in the LLC. Each graduate will receive two tickets with their cap and gown as part of their Grad fee which they should have already paid. Additional tickets can be purchased on School Cash Online and will be handed out to students at cap and gown pickup.

Note: Students must have their grad fee paid in order to pick up their cap and gown.

Convocation Rehearsal

Students must participate in the rehearsal in Mouat's gym on Friday June 20th 3:00 pm.

Convocation

Monday June 23rd 5:30 pm Abbotsford Centre. Grads need to arrive no later than 4:45 pm and report to the back of the stage to line up for the procession. A limited number of tickets will be available at the door for \$10.00 each for guests who decide to come at the last minute. We will open the doors at 5:00 pm or sooner depending on when the venue is cleaned from the previous ceremony.

A ticket is required for ALL human beings (even a baby on your lap) and are NOT available at the door.

Prom Tickets

Available on School Cash Online until midnight on Monday, June 9th, for \$140.00. A separate ticket needs to be purchased at the same cost (\$140) if a prom guest has been approved.

Your WJ Mouat Admin Team

Hawk Walk & Prom

Wednesday June 25th we begin with our Hawk Walk at the school at 3:00 pm. Families should arrive earlier than the Grads 3:00 pm arrival so you can capture photos of your grad walking the red carpet. There will be no parking available at the school, so families will have to park at Trinity Christian Reformed Church across the street or at Howe Middle. The Hawk Walk begins at approximately 4:15 pm in the gym. The grads will also walk the hallways as part of the route, so there are many great spots to view the Walk. Grads will load buses after the Hawk Walk and we will depart for Prom at approximately 4:30 and will arrive back to Mouat around 10:30 pm. Grads must take school provided transportation to and from the venue.

