



News from the Nest

June 16 to June 20/25 – Parent Edition



Coming Up Next Week:

LAST WEEK!!!

Monday, June 23

- Learning Enhancement Day (for only requested students)
- Convocation at Abby Centre at 5:30 pm

Tuesday, June 24

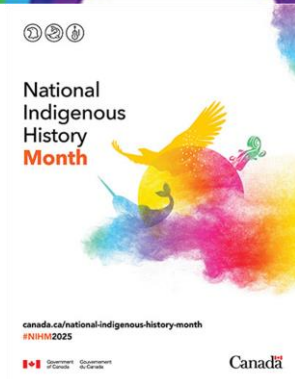
- Learning Enhancement Day (for only requested students)

Wednesday, June 25

- Learning Enhancement Day (for only requested students)
- Prom (Hawk Walk begins at 3pm)

Thursday, June 26

Friday, June 27



THE W.J. MOUAT PAC IS FUNDRAISING!



GREEN INSPIRATION CLOTHING BINS

Drop your unwanted clothing off in the bins located in our front parking lot.

RETURN-IT EXPRESS

When dropping off bottles, use the number 956-682-8722 (WJ MOUAT PAC), and PAC will receive the donation from your recycling efforts.

COBS BREAD

When you mention your child attends W.J. Mouat at the Gladwin & Highstreet locations, a percentage of your purchase will be donated to WJ Mouat PAC

SCHOOL'S OUT!

Message for Grads

Convocation

Monday June 23rd 5:30 pm Abbotsford Centre. Grads need to arrive no later than 4:45 pm and report to the back of the stage to line up for the procession. A limited number of tickets will be available at the door for \$10.00 each for guests who decide to come at the last minute. We will open the doors at 5:00 pm or sooner depending on when the venue is cleaned from the previous ceremony.

A ticket is required for ALL human beings (even a baby on your lap) and are NOT available at the door.

Hawk Walk & Prom

Wednesday June 25th we begin with our Hawk Walk at the school at 3:00 pm. Families should arrive earlier than the Grads 3:00 pm arrival so you can capture photos of your grad walking the red carpet. There will be no parking available at the school, so families will have to park at Trinity Christian Reformed Church across the street or at Howe Middle. The Hawk Walk begins at approximately 4:15 pm in the gym. The grads will also walk the hallways as part of the route, so there are many great spots to view the Walk. Grads will load buses after the Hawk Walk and we will depart for Prom at approximately 4:30 and will arrive back to Mouat around 10:30 pm. Grads must take school provided transportation to and from the venue.





Abbotsford Police Department

Traffic Bulletin

Grad Season Violations

Youth Squad

Issued: June 2025

Oh Graduates: Be safe and respectful drivers as you Graduate. Congratulations.

Drive without Consideration: \$196 + 6 points + Vehicle Impound 7 days

Stunt: means circumstances in which, taking into account the conditions of the highway, traffic, visibility and weather, the driver or operator of a motor vehicle is driving or operating the motor vehicle without reasonable consideration for other persons using the highway or in a manner that is likely to cause harm to an individual or likely to distract, startle or interfere with users of the highway by doing any of the following:

- (a) Causing any or all of the motor vehicle's tires to lift from the road surface; (wheelie)
- (b) Causing the motor vehicle to lose traction while turning the motor vehicle,
- (c) Driving the motor vehicle in a manner to cause the motor vehicle to spin
- (d) Driving the motor vehicle in a lane intended for on-coming traffic for longer than necessary to pass another vehicle;
- (e) Slowing or stopping the motor vehicle in a manner that blocks or impedes other motor vehicles;
- (f) Without justification, driving as close as possible to another motor vehicle, a pedestrian, or a fixed object;



Unnecessary noise s.7A.01 MVAR \$109.00 + 3 points and/or Inspection

7A.01 MVAR: No person shall start, *drive*, turn or stop any motor vehicle, or accelerate the vehicle engine while the vehicle is stationary, *in a manner which causes any loud and unnecessary noise in or from the engine, exhaust system or the braking system, or from the contact of the tires with the roadway.*



Novice "N" Drivers:

Drive Contrary to Restrictions: \$109 + 3 points: 0mg% Blood Alcohol Content/One passenger:

Only 1 passenger unless +25 yrs or immediate family: means your parents, children, spouse, brothers, sisters and grandparents, including step and foster). NOTE: Cousins are not included.

Fail to Display "N": \$109: You must display the official N (Novice) sign in your back windshield or on the rear of your vehicle when driving and must be visible to drivers behind you.

No hand-held or hands-free electronic devices: \$368 + 4 points: You must not use hand-held or hands-free communication devices (eg: cellphones, music, gaming GPS systems) while driving.



Seatbelt Violations:

Passenger

Fail to remain seated MVAR 39.01(a) \$167

Fail to be only occupant of seat MVAR 39.01(b) \$167

Driver

Operate vehicle while person riding on vehicle 39.02(a) \$167

Operate vehicle while more than one person in seat 39.02(b) \$167

Operate vehicle while person not seated 39.02(c) \$167

Operate vehicle with too many seats 39.02(d) \$167

Operate vehicle with too many persons in vehicle 39.02(e) \$311

Weekly Athletic Recap

Athletics are done for the year. It was a very successful season for the Mouat Hawks. They won several championships and placed high in many other sports. We wish our senior grade 12 players all the best. To the grade 9, 10 and 11's have a summer filled with working out and getting ready for next year.

Student of the Month for June

We are delighted to announce that our Student of the Month for June is none other than EVAN MORALES! CONGRATULATIONS Evan!



Multiple teachers and staff recognized Evan as exemplifying all the character traits of teamwork, respect, integrity, caring, responsibility, and awareness. His nominating teachers describe him as “one of the friendliest, politest, most respectful, helpful and inclusive students ever”. As well, Evan models “exemplary behaviour including kindness, respect and positivity”. His commitment, effort, and integrity are unmatched. Evan is a “selfless, humble, and honest student who deserves to be honoured”.

Career Life Educations 10 Project- Ms. Arora

CLE 10 students in Ms. Arora’s class recently participated in a volunteer project as part of their Career-Life Education 10 curriculum. This initiative was designed to help students explore and engage with local volunteer opportunities, supporting both their personal development and career planning skills.

Project Overview:

Students researched local organizations and volunteer opportunities, identified those that align with their interests and career goals, and created informative materials to share with the broader school community. A key component of the project was the creation of posters highlighting volunteer opportunities available in our city, which students presented to help raise awareness among their peers.

Project Objectives:

- Explore local volunteer opportunities
- Understand the value of volunteering for career development

Your WJ Mouat Admin Team

- Research organizations and their missions
- Categorize opportunities under relevant themes (e.g., Abbotsford City, youth services, health care, food bank, etc.)
- Practice communication, collaboration, and presentation skills

Learning Outcomes:

Through this project, students:

- Discovered local organizations in need of volunteers and identified how they align with their interests.
- Gained insight into how volunteering can enhance employability and build relevant career skills.
- Demonstrated teamwork, collaboration and effective communication while working in groups.
- Created informative presentations that were shared with their peers to promote awareness of volunteer opportunities within our community.

This project was a valuable experience that not only supported the key learning outcomes of the CLE 10 curriculum but also encouraged community engagement and a sense of social responsibility among students.

The posters created by students showcased the wide range of volunteer possibilities in our area and to inspire other students to get involved.

Thrive Corner:

Tanisi, It is always a sad time to end a school year but also an exciting time as we face a brand new chapter. I could highlight all of the things we've done and learned this year but I will just leave with this one last post. Isaac Lindsay has taken the role model title to heart and has begun mentoring Indigenous youth, bringing them teachings in a fun and exciting way. He has started a youth mentorship as well as a drum group, his commitment to community inside and outside of Mouat is a true testament to the culture and commitment of the staff who have been there to guide him. Although it is easy to print out the accomplishments of one, we know that it was the Mouat community who have helped shape our students into the kind and amazing young humans they are becoming. Well done everyone, stay golden.

Migewich.



Self-Care Mondays

June 23: This week's self-care tip is about: Meditation and Finding your Happy Place!

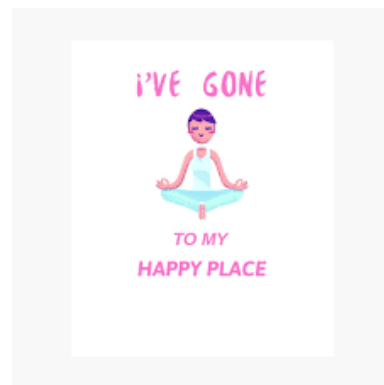
Thinking about and visualizing a place where you feel happy and safe can have tremendous benefits to your health. It can be an imagined or real place. Doing this can help you to reduce stress and can help improve your performance. So, before that next job interview, sports game or exam, think about your happy place and focus on all the details such as sounds/smells/people/sensations that make it happy. You'll feel an immediate calmness. Give it a try!

Information: <https://www.psychologytoday.com/intl/blog/presence-mind/202209/your-happy-place>

<https://www.youtube.com/watch?v=Aw71zanwMnY>

Happy Place Meditation link:

<https://www.youtube.com/watch?v=WlhneFCTD6o>



Character Word of the Week: Caring

Caring is both an action and a state of mind that demonstrates kindness and sensitivity to others.

How it can look when put into action:

- Paying it forward
- Being sensitive to other people's points of view
- Sharing.
- Listening.
- Volunteering to help.
- Being generous.
- Encouraging others.
- Protecting vulnerable members of the community.



I care for myself,
for others and our
school community.

Spotlight On Learning

Presented by: Mr. Andrew Lawrence

Subject: English First Peoples 11

Title: Sports Inquiry Project

Driving Question: After reflecting on the novel *Indian Horse* by Richard Wagamese, what is a sporting event that can be linked to a larger social issue and what is the significance of the event as it unfolded?

TEACHER DESCRIPTION and / or REFLECTION:

In English First Peoples 11 students worked in groups to create an inquiry project with the guiding question: what is a sporting event that can be linked to a larger social issue and what is the significance of the event as it unfolded? Students were asked to explore the background of the event, the social issue, a reflection on why they chose the event, and relate it to the First People's Principles of Learning. This project related to the novel they were reading, *Indian Horse* by Richard Wagamese, as the main character, Saul, faces discrimination while playing hockey. Because students were able to choose a sporting event that interested them, the students were very engaged and created some fantastic presentations. We saw many topics such as Muhammad Ali and the Vietnam War, Colin Kaepernick, Simone Biles, the Superbowl, the 2011 Vancouver Riot, and Munich 1972 (Reflection on the Munich project included below). Overall, I was very impressed with the work done by these groups of students and the hard work they put into it.



STUDENT REFLECTIONS:

The 1972 Munich Olympics terrorist attack inquiry project, while surprising, taught me a lot about its impact on the world and influences on security around the world. While it was my first time hearing about this tragic event, I was able to learn about the political motivations behind the attack and the eye opening impact it had on global security measures and international cooperation. It was shocking to me that such a terrible attack could take place during an event that is supposed to advertise unity and how the German police responded to it. Overall, this inquiry project allowed me to learn more about historical events while also teaching me about the causes, consequences, and impact of terrorist attacks.